**SIPS**

**FRESH BREWED ICED TEA (0 cal)**
Regular • Passion Fruit

**FRESH BREWED LION COFFEE (0 cal)**
Regular • Decaf

**ORGANIC HOT TEA (0 cal)**
Breakfast • Green • Chamomile • Chai • Earl Grey • Orange Spice

**FRUIT JUICE (190-250 cal)**
Apple • Orange • Cranberry

**ENDLESS MUG (0-120 cal)**
Coca-Cola • Diet Coke • Cherry Coke • Sprite

**GARDEN SALAD**
Grilled & chilled sliced chicken breast, applewood smoked bacon, cheddar, jack, lettuce, tomato, ranch dressing & BBQ sauce. Served in a flour tortilla.

**COOL BREEZE** (400 cal)
Coconut cream, banana & strawberries

**ROOT BEER FLOAT** (430 cal)

**SHAKES & SMOOTHIES**

**ISLAND SHAKE** (730-760 cal)
Chocolate • Vanilla • Strawberry

**DESSERTS**

**CHOCOLATE LAVA** (1440 cal)
Perfect for sharing! Fudge brownie topped w/vanilla ice cream, chocolate syrup, whipped cream, roasted almonds & a cherry.

**FUDGE BROWNIE** (520 cal)
Rich fudge brownie served warm, topped w/vanilla ice cream.

**ICE CREAM SUNDAE** (450 cal)
Two scoops of vanilla ice cream, chocolate syrup, whipped cream, roasted almonds & a cherry.

**KONA PIE** (930 cal)
Perfect for sharing! Mocha almond fudge ice cream & cookie crust topped w/chocolate fudge, whipped cream, roasted almonds & a cherry.

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**GREMIE SIDES**

**Island Fries** (400 cal) • *Applesauce (80 cal)*
**Steamed Broccoli** (80 cal) • *Caesar Salad (10 cal)*
**Garden Salad** (160 cal) • *Fresh Pineapple w/Yogurt Dip (80 cal)*
**Fresh Apple w/Yogurt Dip** (150 cal)

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**GREMIE DESSERTS**

**Jr. Sundae** (260 cal) • **Jr. Shake** (620-630 cal)
**TEMPURA GREEN BEANS** (1020 cal) Served with spicy soy aioli & pineapple-chili dipping sauces.

**TIKI TENDERS** (1200 cal) Crisp chicken tenders, served w/ranch dressing.

**BEACHSIDE SLIDERS™** (1600 cal) Four mini burgers w/caramelized onions & ketchup on toasted buns, served w/island Redds™ & pickles.

**ISLAND NACHOS** (1960 cal) Cheddar, jack, jalapenos, tomatoes, refried beans, sour cream & guacamole. Served w/a side of salsa.

**WINGS** (7240-8100 cal) Your choice of traditional spicy buffalo, honey-sriracha or teriyaki. Served w/carrots, celery & ranch dressing.

**QUESADILLA** (840 cal) Flur tortilla stuffed with cheddar, jack, green chiles & topped w/scallions. Served w/sides of sour cream & pico de gallo.

**CHEDDAR FRIES** (2510 cal) Fresh cut Island Fries covered with melted cheese & scallions.

**LARGE BASKET OF FRIES** (2550 cal) Our signature Island Fries are cut fresh daily w/the skins left on. They are cooked to order & then seasoned w/our own secret blend of spices!

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**BITES**

**SPICY WHITE QUESO DIP** (3470 cal) Chopped spinach & artichoke hearts mixed w/sautéed onion & garlic in a creamy alfredo sauce. Served with salsa.

**TEMPURA GREEN BEANS** (1020 cal) Served with spicy soy aioli & pineapple-chili dipping sauces.

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**BURGERS**

**OUR BURGERS ARE GRILLED MEDIUM OR ABOVE ON A WHITE OR WHOLE WHEAT BUN.**

**BIG WAVE™** (390 cal) Lettuce, tomato, onion, pickles & mustard.

**LONGBOARDER** (990 cal) 3000 island, lettuce, pickles, onion & tomato.

**QUESO** (2020 cal) Spicy white queso, crisp tortilla strips, pickled jalapenos, tomato, red onion, lettuce & salsa mayo.

**HULA** (1130 cal) Sautéed mushrooms, Swiss, lettuce, tomato & mayo.

**MALIBU** (1200 cal) American cheese, applewood smoked bacon, lettuce, onion, pickles & mustard.

**PIPELINE** (1030 cal) Chili, American cheese, lettuce, tomato, onion, pickles & mustard.

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**CHIPS & DIPS**

**WARM TORTILLA CHIPS** SERVED WITH YOUR CHOICE OF DIP

**GUACAMOLE (+120 CAL)**

**SPICY CHICKEN (+150 CAL)**

**SEASONED PORK (+310 CAL)**

**HOUSEMADE CHILI (+150 CAL)**

**APPLEWOOD SMOKED BACON (+120 CAL)**

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**CHIPS & SALSA** (900 cal) Served with your choice of dip.

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**SANDPIPER** (1200 cal) Grilled chicken breast, sautéed mushrooms, Swiss, lettuce, tomato & mayo.

**SHOREBIRD** (930 cal) Grilled chicken breast, Swiss, lettuce, tomato, pickles & mayo.

**TOUCAN** (1040 cal) Grilled chicken breast, teriyaki sauce, fresh pineapple, Swiss, lettuce, tomato & mayo.

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**SOUP & SALADS**

**TORTILLA SOUP** SMALL BOWL (450 cal) / LARGE BOWL (840 cal) A hearty soup w/chicken, fresh vegetables, topped w/jack cheese, avocado & tortilla strips.

**SLEEK GREEK™** (380 cal) Grilled & chicken breast, hearts of romaine, kalamata olives, feta cheese, tomatoes, cucumbers & red onion. Tossed w/our own low fat balsamic vinaigrette.

**CHINA COAST** (940 cal) Grilled & chicken breast, mandarin oranges, snow peas, water chestnuts, carrots, fried noodles, sesame seeds, scallions & mixed greens. Tossed w/sesame dressing.

**WIKUI WAQUI™** (890 cal) Grilled & chicken breast, cheddar, jack, tomatoes, red onion, jicama & mixed greens. Tossed w/ranch dressing & topped w/tortilla strips, BBQ sauce & scallions.

**JUNGLE CAESAR** (660 cal) Grilled & chicken breast, romaine, parmesan cheese, creations & Caesar dressing.

**KAANAPALI KOBBI** (2020 cal) Grilled & chicken breast, crumbled applewood smoked bacon, fresh avocado, Point Reyes bleu cheese crumbles, chopped hard cooked egg, tomatoes, scallions & mixed greens. Tossed w/kobbi dressing (creamy vinaigrette).

**CHOP CHOP** (890 cal) Breaded fried chicken breast, applewood smoked bacon, avocado, hard cooked egg, tomatoes & scallions w/mixed greens, corn, cucumber, cheddar cheese & our own Surfboarder BBQ dressing.

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**BIRDS OF PARADISE SANDWICHES** SERVED WITH YOUR CHOICE OF SIDE!

**TURKEY BURGER LITE** (630 cal) Served on a whole wheat bun w/tomato, red onion, lettuce & mustard w/a side of steamed broccoli & carrots.

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**THANKS FOR CHICKEN**

**ADD ON**

**SLEEK GREEK™** (380 cal) Grilled & chicken breast, hearts of romaine, kalamata olives, feta cheese, tomatoes, cucumbers & red onion. Tossed w/our own low fat balsamic vinaigrette.

**CHINA COAST** (940 cal) Grilled & chicken breast, mandarin oranges, snow peas, water chestnuts, carrots, fried noodles, sesame seeds, scallions & mixed greens. Tossed w/sesame dressing.

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**CHOP CHOP** (890 cal) Breaded fried chicken breast, applewood smoked bacon, avocado, hard cooked egg, tomatoes & scallions w/mixed greens, corn, cucumber, cheddar cheese & our own Surfboarder BBQ dressing.

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**ENTREES**

**NO-BLAME GRILLED VEGGIE TACOS** (480 cal) Two corn tortillas stuffed w/grilled vegetables, cheddar, jack, roasted corn, black beans, pico de gallo & avocado. Served w/sides of salsa & Island Slaw.

**NORTHSHORE** (720 cal) Two flour tortillas stuffed w/spicy chicken, cheddar, jack, lettuce & tomatoes. Served w/sides of salsa & ranchero beans.

**LUALU** (600 cal) Two corn tortillas stuffed w/kalua pork, caramelized onions, teriyaki sauce, avocado salsa. Served w/a side of ranchero beans.

**YAKI** (600 cal) Two flour tortillas stuffed w/grilled chicken, fresh pineapple salsa, teriyaki sauce, cheddar, jack, lettuce & tomatoes. Served w/a side of ranchero beans.

**FISH** Two corn tortillas stuffed w/cabbage, cilantro, chipotle-white sauce & diced tomatoes. Served w/sides of pico de gallo & ranchero beans.

W/ISLAND FRIED FISH (830 cal) W/GYRO FISH (830 cal) (not available in AZ)