



LIMITED TIME MENU

BURGERS

SERVED WITH YOUR CHOICE OF SIDE! OUR BURGERS ARE GRILLED MEDIUM OR ABOVE ON A WHITE BUN.

BIG WAVE® (790 cal)

Lettuce, tomato, onion, pickles & mustard.

MALIBU (1000 cal)

American cheese, applewood smoked bacon, lettuce, tomato, onion, pickles & mustard.

KILAUEA (1510 cal)

Jalapeño & black pepper-crusted burger, pepper jack cheese, Island Reds™ chipotle aioli, lettuce & tomato.

BITES

TEMPURA GREEN BEANS (1010 cal)

Served w/spicy soy aioli & pineapple-chili dipping sauces.

TIKI TENDERS (1200 cal)

Crisp chicken tenders, served w/ranch dressing.

ISLAND NACHOS (1960 cal)

Cheddar, jack, jalapeños, tomatoes, refried beans, sour cream & guacamole. Served w/a side of salsa.

WINGS (1740-1800 cal)

Your choice of traditional spicy buffalo, BBQ or teriyaki. Served w/carrots, celery & ranch dressing.

QUESADILLA (840 cal)

Flour tortilla stuffed w/cheddar, jack, green chiles & topped w/scallions. Served w/sides of sour cream & pico de gallo.

CHIPS & DIPS

WARM TORTILLA CHIPS SERVED WITH YOUR CHOICE OF DIP

CHIPS & SALSA (990 cal)

W/LARGE GUACAMOLE (+270 cal)*

SPINACH & ARTICHOKE DIP (1160 cal)

Chopped spinach & artichoke hearts mixed w/sautéed onion & garlic in a creamy alfredo sauce. Served w/salsa.

BEACH BOWL (720-760 cal)

Grilled chicken, fresh grilled pineapple, red bell peppers, snow peas, water chestnuts, red onion, broccoli & diced scallions. Served over brown rice. Available w/teriyaki or hoisin sauce.

MAUI (1040 cal)

Guacamole, Swiss, lettuce, tomato, onion & mayo.

HAWAIIAN (1170 cal)

Teriyaki sauce, fresh pineapple, Swiss, lettuce, tomato, onion & mayo.

IMPOSSIBLE™ (910 cal)

Plant-based patty w/avocado, white cheddar, lettuce, tomato & roasted garlic aioli.

SANDWICHES

SERVED ON A WHITE BUN WITH YOUR CHOICE OF SIDE!

SHOREBIRD (930 cal)

Grilled chicken breast, Swiss, lettuce, tomato, pickles & mayo.

TOUCAN (1040 cal)

Grilled chicken breast, teriyaki sauce, fresh pineapple, Swiss, lettuce, tomato & mayo.

fresh cut **ISLAND FRIES**

CHEDDAR FRIES (2150 cal)

Fresh cut Island Fries covered w/melted cheese & scallions.

LARGE BASKET OF FRIES (1550 cal)

Our signature Island Fries are cut fresh daily w/the skins left on. They are cooked to order & then seasoned w/our own secret blend of spices!

SIDES:

FRESH CUT ISLAND FRIES (+340-680 CAL)

SIDE SALAD (+40-200 CAL)

SWEET POTATO FRIES (+440 CAL)*

SUBSTITUTIONS:

PATTY: Turkey (-150 cal)

Plant-based Impossible™ patty (-150 cal)*

BUN: Gluten free bun*

ADD ONS:

American cheese (+90 cal)*

Applewood smoked bacon (+120 cal)*

Island Reds™ crispy fried red onions (+170 cal)*

Guacamole (+110 cal)*

*Additional Charge

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request or at IslandsRestaurants.com

ISLAND TACOS

NORTHSHORE (770 cal)

Two flour tortillas stuffed w/spicy chicken, cheddar, jack, lettuce & tomatoes. Served w/sides of salsa & rancho beans.

FISH (830 cal)

Two corn tortillas stuffed w/Island fried fish, cabbage, cilantro, chipotle-white sauce & diced tomatoes. Served w/sides of pico de gallo & rancho beans.

LOCAL FAVORITES

SERVED WITH YOUR CHOICE OF SIDE!

THE WEDGE (BLT) (1100 cal)

Applewood smoked bacon, cheddar, jack, lettuce, tomato & mayo. Served on a white bun.

MOA KAI (TUNA) (920 cal)

White albacore tuna salad, cheddar, jack, lettuce, tomato, pickles & mayo. Served on a white bun.

CHICKEN CLUB WRAP (1040 cal)

Grilled & chilled sliced chicken breast, applewood smoked bacon, avocado, cheddar, jack, lettuce, tomato, ranch dressing & BBQ sauce. Served in a flour tortilla.

SOUP & SALADS

TORTILLA SOUP Small (450 cal) • Large (840 cal)

A hearty soup w/chicken & fresh vegetables, topped w/jack cheese, avocado & tortilla strips.

CHINA COAST (940 cal)

Grilled & chilled chicken breast, mandarin oranges, snow peas, water chestnuts, carrots, fried noodles, sesame seeds, scallions & mixed greens. Tossed w/sesame dressing.

JUNGLE CAESAR (660 cal)

Grilled & chilled chicken breast, romaine, parmesan cheese, croutons & caesar dressing.

SMALL CAESAR (260 cal)

GARDEN SALAD (170-400 cal)

FOR A LIGHTER OPTION, ASK FOR OUR LOW FAT BALSAMIC VINAIGRETTE ON ANY OF OUR SALADS!

DESSERTS

CHOCOLATE LAVA (1440 cal)

Perfect for sharing! Fudge brownie topped w/vanilla ice cream, chocolate syrup, whipped cream, roasted almonds & a cherry.

FUDGE BROWNIE (520 cal)

Rich fudge brownie served warm, topped w/vanilla ice cream.

ICE CREAM SUNDAE (450 cal)

Two scoops of vanilla ice cream, chocolate syrup, whipped cream, roasted almonds & a cherry.

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BEVERAGES

FRESH BREWED ICED TEA (0 cal)

Regular • Passion Fruit

FRUIT JUICE (190-250 cal)

Apple • Orange • Cranberry

REFRESHING OPTIONS (0-120 cal)

Strawberry Lemonade • Lemonade • Coca-Cola • Diet Coke • Cherry Coke • Sprite • Root Beer • Fruit Punch • Green Iced Tea • Raspberry Iced Tea

SHAKES

ISLAND SHAKE (730-760 cal)

Chocolate • Vanilla • Strawberry

ALCOHOLIC SIPS

NOT AVAILABLE AT ENCINITAS

BEER Bottles starting at 3.00 • Six-packs starting at 10.00

Ask your location about our offerings.

WINE 50% Off all bottles

Ask your location about our offerings.

14 OZ COCKTAILS

Mai Tai (460 cal) • Margarita (980 cal) • Big Island Iced Tea (740 cal)

CUTWATER SPIRITS

Paloma (212 cal) • Vodka Mule (270 cal)

HARD SELTZERS (100 cal) Cans 3.00 • Six-packs 12.00

White Claw Mango • White Claw Black Cherry • Truly Pineapple • Truly Wild Berry

GREMMIE

ALL ITEMS INCLUDE MILK (150 CAL) & A SIDE (80-400 CAL)

SURFERS 6 & UNDER

Half Sandcastle (Grilled Cheese) (180 cal) • Li'I Tiki Tenders (380 cal)

SURFERS 7-12 SURFER

Jr. Wave Burger (450 cal) • Sandcastle (Grilled Cheese) (360 cal) • Jr. Quesadilla (590 cal) • Jr. Macaroni & Cheese (300 cal)

SURFERS 12 & UNDER

Jr. Tiki Tenders (570 cal)

GREMMIE SIDES

Island Fries (400 cal) • Applesauce (80 cal) • Caesar Salad (110 cal) • Garden Salad (160 cal)

DESSERTS

Jr. Sundae (260 cal) • Jr. Shake (620-630 cal)



SAY
Aloha
TO REWARDS

DOWNLOAD. EARN. ENJOY.

DOWNLOAD THE ISLANDS APP & START EARNING YOUR WAY TOWARDS FREE BURGERS!