



Recommended limits for a 2,000 calorie daily diet are 20 grams of saturated fat and 2,300 milligrams of sodium. There may be variations in nutritional content across servings, based on variations in overall size and quantities of ingredients and based on order customization. Nutritional information includes standard sides unless otherwise indicated. This nutritional information is solely based on the estimated database analysis using available standard USDA ingredients or specific brand name ingredients that are contained within our outside laboratories' computer database programs. Some nutritional values may vary depending on the exact ingredients and specific brand name ingredients that are used to produce this food product. Variation in serving sizes, preparation techniques, product testing and sources of supply, as well as regional and seasonal differences may affect the nutrition values for each product. You should expect some variation in the nutrient content of the products purchased in our restaurants. None of our products are certified as vegetarian. This nutritional information is current as of October 2020. Islands Restaurants, L.P., will update and revise the information periodically to reflect changes in ingredients and the addition or removal of products from our menu.  
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| APPETIZERS   | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
|--|----------------|-------------------|---------------|-------------------|---------------|------------------|-------------|-----------|-------------------|------------|-------------|
| BEACHSIDE SLIDERS™ - 3 COUNT   | 1110           | 560               | 62            | 15                | 1.5           | 110              | 1580        | 91        | 4                 | 17         | 46          |
| BEACHSIDE SLIDERS™ WITH BEEF   | 1600           | 860               | 96            | 24                | 2             | 128              | 3420        | 130       | 6                 | 24         | 54          |
| BEACHSIDE SLIDERS™ WITH TURKEY   | 1440           | 720               | 80            | 16                | 2             | 100              | 3620        | 134       | 6                 | 26         | 46          |
| BUFFALO QUESADILLAS  | 670            | 410               | 46            | 20                | 0             | 115              | 2080        | 41        | 5                 | 2          | 22          |
| BUFFALO WINGS BBQ WITH RANCH   | 1740           | 990               | 111           | 24                | 0             | 555              | 2460        | 42        | 3                 | 24         | 141         |
| BUFFALO WINGS HONEY SRIRACHA WITH RANCH                                    | 2160           | 1290              | 144           | 30                | 0             | 570              | 4170        | 75        | 6                 | 60         | 141         |
| BUFFALO WINGS TERIYAKI WITH RANCH  | 1770           | 990               | 111           | 24                | 0             | 555              | 3240        | 51        | 3                 | 36         | 141         |
| BUFFALO WINGS WITH RANCH   | 1800           | 1170              | 129           | 36                | 0             | 600              | 3270        | 21        | 3                 | 9          | 141         |
| CHEDDAR FRIES  | 2150           | 1075              | 120           | 35                | 0             | 200              | 2400        | 215       | 15                | 5          | 55          |
| CHEESY FRIES   | 1300           | 720               | 80            | 31                | 0             | 170              | 1600        | 107       | 7                 | 2          | 42          |
| CHEDDAR FRIES - ALA MOANA  | 2010           | 1400              | 155           | 40                | 0             | 190              | 2450        | 110       | 10                | 0          | 45          |
| CHICKEN TINGA FLAUTAS  | 1240           | 580               | 64            | 11                | 3             | 120              | 3260        | 110       | 10                | 12         | 55          |
| CHILI MAC LOADED FRIES   | 1490           | 730               | 81            | 17                | 0             | 90               | 1960        | 153       | 10                | 11         | 38          |
| CHIPS & SALSA  | 990            | 465               | 51            | 4.5               | 0             | 0                | 570         | 123       | 9                 | 3          | 12          |
| CHIPS & SALSA WITH LARGE GUACAMOLE   | 1260           | 705               | 26            | 4.5               | 27            | 0                | 28          | 123       | 29                | 3          | 30          |
| FRIES - ALA MOANA  | 1410           | 950               | 105           | 10                | 0             | 0                | 1400        | 105       | 10                | 0          | 10          |
| HAWAIIAN SLIDERS   | 1340           | 660               | 74            | 22                | 2             | 164              | 2280        | 106       | 4                 | 18         | 60          |
| ISLAND FRIES   | 1550           | 625               | 70            | 5                 | 0             | 0                | 1350        | 210       | 15                | 2.5        | 20          |
| ISLAND NACHOS  | 1960           | 1260              | 140           | 64                | 0             | 360              | 3000        | 100       | 8                 | 8          | 76          |
| KALUA PIG QUESADILLAS  | 660            | 400               | 44            | 15                | 0             | 90               | 1150        | 44        | 4                 | 14         | 21          |
| KALUA PORK W/ PINEAPPLE PICO MINI QUESADILLAS                              | 610            | 380               | 42            | 16                | 0             | 115              | 1000        | 29        | 3                 | 3          | 30          |
| KALUA PORK SLIDERS   | 890            | 310               | 34            | 9                 | 0             | 55               | 2130        | 101       | 4                 | 33         | 30          |
| KALUA PORK SLIDERS - ALA MOANA   | 1240           | 520               | 58            | 14                | 0             | 84               | 2360        | 136       | 6                 | 38         | 42          |
| ONION RINGS  | 1160           | 620               | 68            | 12                | 0             | 0                | 2680        | 124       | 12                | 24         | 12          |
| PEPPER CRUNCH SLIDERS  | 1010           | 450               | 50            | 17                | 1.5           | 145              | 1580        | 91        | 3                 | 17         | 50          |
| POINT BREAK SLIDERS  | 1320           | 600               | 66            | 24                | 2             | 178              | 2980        | 116       | 6                 | 22         | 66          |
| POKE - ALA MOANA   | 340            | 140               | 15            | 2                 | 0             | 46               | 1270        | 19        | 2                 | 2          | 32          |
| QUESADILLA   | 840            | 480               | 54            | 30                | 0             | 180              | 1560        | 54        | 3                 | 6          | 33          |
| SPICY CHIPOTLE CHICKEN MINI QUESADILLAS                                    | 650            | 330               | 37            | 12                | 0             | 140              | 950         | 33        | 6                 | 2          | 45          |
| SPICY WHITE QUESO DIP  | 1470           | 830               | 92            | 24                | 1             | 85               | 2930        | 131       | 10                | 6          | 29          |
| SPINACH & ARTICHOKE DIP  | 1160           | 680               | 76            | 32                | 0             | 160              | 1400        | 96        | 8                 | 8          | 20          |
| TEMPURA GREEN BEANS  | 1010           | 590               | 65            | 8                 | 0             | 25               | 2200        | 100       | 14                | 38         | 6           |
| TIKI TENDERS WITH RANCH  | 1200           | 740               | 82            | 16                | 0             | 130              | 3380        | 70        | 4                 | 6          | 44          |
| TORTILLA SOUP  | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
| LARGE BOWL (WITH TORTILLA CHIPS)   | 840            | 450               | 50            | 15                | 0             | 105              | 2120        | 64        | 9                 | 8          | 34          |
| SMALL BOWL (WITH TORTILLA CHIPS)   | 450            | 240               | 27            | 7                 | 0             | 50               | 1070        | 36        | 5                 | 4          | 17          |
| BURGERS  | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
| NUTRITIONAL DATA FOR BURGERS DOES NOT INCLUDE SIDES WHICH ARE LISTED BELOW |                |                   |               |                   |               |                  |             |           |                   |            |             |
| BIG WAVE BURGER  | 790            | 410               | 45            | 14                | 2             | 125              | 1480        | 52        | 3                 | 9          | 44          |
| BIG WAVE BURGER WITH CHEESE  | 880            | 470               | 52            | 18                | 2             | 150              | 1970        | 55        | 3                 | 10         | 48          |
| BLEUNAMI BURGER  | 1010           | 610               | 68            | 20                | 2             | 155              | 1280        | 53        | 3                 | 10         | 46          |
| FRENCH ONION BURGER  | 1340           | 800               | 89            | 27                | 2             | 190              | 2390        | 77        | 3                 | 11         | 58          |
| HAWAIIAN BURGER  | 1170           | 660               | 73            | 22                | 2             | 160              | 1870        | 77        | 3                 | 32         | 52          |
| HULA BURGER  | 1130           | 710               | 79            | 24                | 2             | 160              | 1470        | 52        | 2                 | 10         | 54          |
| IMPOSSIBLE BURGER (SERVED WITH IMPOSSIBLE BURGER PATTY)                    | 910            | 520               | 58            | 20                | 0             | 45               | 1500        | 62        | 8                 | 9          | 34          |
| KILAUEA BURGER   | 1510           | 1020              | 113           | 27                | 2             | 180              | 1950        | 71        | 6                 | 12         | 53          |
| LONGBOARDER BURGER   | 990            | 590               | 66            | 17                | 2             | 135              | 1490        | 54        | 2                 | 12         | 44          |
| MALIBU BURGER  | 1000           | 550               | 61            | 21                | 2             | 165              | 2720        | 54        | 3                 | 10         | 58          |
| MAUI BURGER  | 1040           | 620               | 69            | 20                | 2             | 165              | 1300        | 51        | 2                 | 9          | 53          |
| MAVERICKS BURGER   | 1460           | 880               | 98            | 23                | 2             | 160              | 2530        | 93        | 5                 | 31         | 51          |
| NALU NALU BURGER ( LTO )   | 1190           | 730               | 81            | 23                | 2             | 160              | 2240        | 61        | 3                 | 11         | 53          |
| PIPELINE BURGER  | 1030           | 550               | 61            | 22                | 2             | 200              | 2400        | 57        | 4                 | 11         | 64          |
| POINT BREAK BURGER   | 1160           | 690               | 77            | 25                | 2             | 180              | 1840        | 60        | 3                 | 13         | 56          |



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| BURGERS CONTINUED   | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
|---|----------------|-------------------|---------------|-------------------|---------------|------------------|-------------|-----------|-------------------|------------|-------------|
| NUTRITIONAL DATA FOR BURGERS DOES NOT INCLUDE SIDES WHICH ARE LISTED BELOW                                  |                |                   |               |                   |               |                  |             |           |                   |            |             |
| QUESO BURGER  | 1200           | 750               | 83            | 24                | 2             | 165              | 1830        | 64        | 3                 | 10         | 60          |
| SRIRACHA SMACK BURGER   | 1080           | 600               | 67            | 26                | 2             | 200              | 2780        | 58        | 3                 | 14         | 60          |
| SUNSET BURGER   | 960            | 470               | 52            | 19                | 2             | 145              | 2450        | 74        | 3                 | 27         | 49          |
| WAIMEA BURGER   | 1280           | 730               | 81            | 26                | 2             | 200              | 2070        | 75        | 3                 | 31         | 62          |
| BIRDS OF PARADISE - CHICKEN SANDWICH  | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
| NUTRITIONAL DATA FOR BIRDS OF PARADISE SANDWICHES DOES NOT INCLUDE SIDES WHICH ARE LISTED BELOW             |                |                   |               |                   |               |                  |             |           |                   |            |             |
| CALIFORNIA FLYER  | 1350           | 720               | 80            | 16                | 0.5           | 190              | 2130        | 87        | 5                 | 29         | 69          |
| MOA CRISP   | 1310           | 750               | 83            | 20                | 1             | 175              | 3010        | 77        | 3                 | 12         | 64          |
| SANDPIPER   | 1010           | 530               | 59            | 15                | 1             | 185              | 1490        | 51        | 2                 | 10         | 70          |
| SHOREBIRD   | 930            | 450               | 50            | 14                | 1             | 185              | 1430        | 47        | 2                 | 8          | 67          |
| TOUCAN  | 1040           | 460               | 51            | 14                | 1             | 180              | 1890        | 73        | 3                 | 30         | 68          |
| ISLAND TACOS  | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
| BAJA TACOS WITH RANCHERO BEANS  | 800            | 250               | 28            | 10                | 0             | 170              | 910         | 80        | 14                | 10         | 57          |
| CHIPOTLE CHICKEN TACOS  | 890            | 410               | 46            | 8                 | 0             | 135              | 2360        | 63        | 7                 | 6          | 56          |
| GLUTEN FREE CHICKEN TACOS WITH RANCHERO BEANS AND SLAW  | 780            | 270               | 30            | 8                 | 0             | 155              | 580         | 75        | 14                | 11         | 52          |
| GRILLED FRESH FISH TACOS WITH RANCHERO BEANS - ALA MOANA  | 870            | 360               | 40            | 8                 | 0             | 180              | 1090        | 71        | 12                | 8          | 56          |
| GRILLED SALMON TACOS WITH RANCHERO BEANS  | 980            | 410               | 45            | 12                | 0             | 135              | 1820        | 89        | 12                | 27         | 55          |
| ISLAND FISH TACOS WITH RANCHERO BEANS   | 940            | 440               | 52            | 10                | 0             | 30               | 1340        | 92        | 13                | 8          | 27          |
| LUAU TACOS WITH RANCHERO BEANS  | 810            | 320               | 36            | 11                | 0             | 90               | 2000        | 84        | 13                | 19         | 37          |
| MAHI/GRILLED FISH TACOS WITH RANCHERO BEANS   | 830            | 410               | 45            | 8                 | 0             | 145              | 900         | 61        | 10                | 5          | 44          |
| NORTHSHORE TACOS WITH RANCHERO BEANS  | 980            | 430               | 48            | 12                | 0             | 100              | 2450        | 89        | 14                | 10         | 49          |
| YAKI TACOS WITH RANCHERO BEANS  | 980            | 360               | 40            | 17                | 0             | 190              | 2260        | 93        | 10                | 22         | 61          |
| BEACH BOWLS   | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
| HOISIN CHICKEN BOWL   | 720            | 200               | 22            | 5                 | 1             | 120              | 1000        | 78        | 8                 | 30         | 52          |
| HOISIN MAHI/GRILLED FISH BOWL   | 630            | 160               | 18            | 3                 | 1             | 125              | 1000        | 78        | 8                 | 30         | 40          |
| HOISIN SALMON BOWL  | 760            | 270               | 30            | 7                 | 1             | 95               | 1190        | 79        | 9                 | 28         | 43          |
| MISO SALMON BOWL  | 730            | 270               | 30            | 6                 | 0             | 94               | 600         | 72        | 13                | 17         | 43          |
| TERIYAKI CHICKEN BOWL   | 760            | 200               | 22            | 5                 | 0.5           | 120              | 1150        | 87        | 8                 | 39         | 53          |
| TERIYAKI MAHI/GRILLED FISH BOWL   | 670            | 160               | 18            | 3                 | 0.5           | 125              | 1200        | 87        | 8                 | 39         | 40          |
| TERIYAKI SALMON BOWL  | 810            | 280               | 31            | 6                 | 0             | 94               | 1380        | 88        | 8                 | 37         | 44          |
| VEGGIE BEACH BOWL WITH TERIYAKI OR HOISIN   | 490-530        | 150               | 17            | 4                 | 5-1           | 0                | 900-1050    | 78-87     | 8                 | 30-39      | 8-9         |
| HOISIN SAUCE (1.5oz)  | 70             | 10                | 1             | 0                 | 1             | 0                | 760         | 15        | 0                 | 12         | 1           |
| TERIYAKI SAUCE (1.5oz)  | 110            | 10                | 1             | 0                 | 0             | 0                | 960         | 24        | 0                 | 21         | 1           |
| PARADISE'S BIKINI BEACH   | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
| NO BLAME GRILLED VEGGIE TACOS WITH ISLAND SLAW  | 480            | 140               | 15            | 4                 | 0             | 20               | 840         | 72        | 15                | 8          | 16          |
| NORTHSHORE LIMITED TACOS WITH RANCHERO BEANS  | 490            | 120               | 13            | 5                 | 0.5           | 70               | 1440        | 63        | 11                | 3          | 30          |
| SLEEK GREEK SALAD   | 380            | 160               | 18            | 4                 | 0             | 85               | 870         | 22        | 4                 | 14         | 33          |
| TURKEY BURGER LITE WITH STEAMED VEGGIES NO BUTTER   | 630            | 270               | 30            | 7                 | 0.5           | 95               | 1510        | 55        | 4                 | 12         | 34          |
| SURFER FAVORITES  | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
| NUTRITIONAL DATA FOR SURFER FAVORITES DOES NOT INCLUDE SIDES WHICH ARE LISTED BELOW, UNLESS NOTED OTHERWISE |                |                   |               |                   |               |                  |             |           |                   |            |             |
| CHICKEN CLUB WRAP   | 1040           | 510               | 55            | 16                | 0             | 165              | 2190        | 80        | 6                 | 27         | 57          |
| CHICKEN CLUB PANINI   | 1350           | 630               | 70            | 22                | 0             | 190              | 2430        | 109       | 5                 | 5          | 70          |
| 1/2 CHICKEN CLUB PANINI (WITH SM CASEAR, SM GARDEN SALAD OR SM TORTILLA SOUP)                               | 800-1040       | 410-610           | 45-68         | 14-16             | 0-5           | 105-110          | 1530-1660   | 62-69     | 3                 | 4 to 12    | 36-38       |
| GRILLED CHICKEN PLATTER (WITH MACARONI SALAD)   | 1380           | 420               | 47            | 9                 | 0             | 279              | 2830        | 129       | 3                 | 31         | 110         |
| GRILLED CHICKEN PLATTER (WITH STEAMED VEGGIES)  | 1220           | 320               | 35            | 12                | 1             | 295              | 2640        | 116       | 5                 | 35         | 110         |
| GRILLED FISH PLATTER (SALMON) (WITH MACARONI SALAD)   | 1150           | 500               | 55            | 10                | 0             | 107              | 1730        | 116       | 6                 | 30         | 48          |
| GRILLED FISH PLATTER (SALMON) (WITH STEAMED VEGGIES)  | 990            | 390               | 43            | 13                | 0             | 124              | 1550        | 104       | 9                 | 34         | 47          |
| GRILLED FRESH ALBACORE SANDWICH   | 670            | 140               | 16            | 3                 | 0             | 65               | 2210        | 88        | 3                 | 40         | 43          |
| KALUA PORK SANDWICH (WITH MACARONI SALAD)   | 1310           | 750               | 83            | 19                | 1             | 110              | 2270        | 104       | 4                 | 34         | 37          |
| KALUA PORK WRAP (WITH MACARONI SALAD)   | 1380           | 630               | 70            | 17                | 0             | 100              | 3160        | 145       | 8                 | 32         | 42          |
| MOA KAI (TUNA)  | 920            | 600               | 67            | 16                | 1             | 95               | 1375        | 49        | 2                 | 9          | 28          |
| THE WEDGE (BLT)   | 1100           | 760               | 84            | 22                | 1             | 90               | 2600        | 49        | 2                 | 9          | 35          |



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| BURGERS, SANDWICHES & WRAPS SIDE  | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
|---|----------------|-------------------|---------------|-------------------|---------------|------------------|-------------|-----------|-------------------|------------|-------------|
| ALL BURGERS, SANDWICHES & WRAPS INCLUDE A CHOICE OF THE FOLLOWING SIDES |                |                   |               |                   |               |                  |             |           |                   |            |             |
| ALA MOANA FRIES (4.5oz)   | 420            | 280               | 31            | 3                 | 0             | 0                | 410         | 32        | 3                 | 0          | 3           |
| CAESAR SALAD  | 130            | 90                | 10            | 3                 | 0             | 10               | 310         | 7         | 1                 | 1          | 3           |
| GARDEN SALAD (NO DRESSING)  | 40             | 10                | 1             | 0                 | 0             | 0.5              | 90          | 7         | 1                 | 2          | 1           |
| ISLAND FRIES (4.5oz)  | 430            | 180               | 20            | 2                 | 0             | 0                | 370         | 58        | 4                 | 1          | 5           |
| ISLAND SLAW   | 40             | 5                 | 0.5           | 0                 | 0             | 0                | 15          | 8         | 2                 | 3          | 1           |
| ONION RINGS   | 490            | 260               | 29            | 5                 | 0             | 0                | 1150        | 53        | 6                 | 10         | 6           |
| STEAMED VEGGIES WITH BUTTER   | 170            | 110               | 12            | 7                 | 0.5           | 30               | 160         | 11        | 4                 | 4          | 4           |
| SWEET POTATO FRIES  | 440            | 240               | 26            | 5                 | 0             | 0                | 740         | 49        | 9                 | 17         | 4           |
| TEMPURA GREEN BEANS (SMALL PORTION)                                     | 580            | 320               | 36            | 4                 | 0             | 15               | 1300        | 60        | 9                 | 21         | 4           |
| TORTILLA SOUP (6.7oz)   | 160            | 70                | 8             | 3                 | 0             | 30               | 710         | 12        | 1                 | 3          | 9           |
| SALADS  |                |                   |               |                   |               |                  |             |           |                   |            |             |
| NUTRITIONAL DATA FOR SALADS INCLUDES DRESSING                           |                |                   |               |                   |               |                  |             |           |                   |            |             |
| CHINA COAST SALAD   | 940            | 470               | 52            | 10                | 3             | 115              | 1850        | 72        | 6                 | 22         | 47          |
| SURFBOARDER CHOP CHOP SALAD   | 890            | 510               | 57            | 11                | 0             | 195              | 1660        | 44        | 4                 | 14         | 49          |
| GARDEN SALAD (NO DRESSING)  | 80             | 20                | 2             | 1                 | 0             | 1                | 160         | 13        | 3                 | 4          | 3           |
| JUNGLE CAESAR SALAD   | 660            | 390               | 43            | 10                | 1             | 125              | 1180        | 21        | 4                 | 5          | 46          |
| KAANAPALI KOBBS SALAD   | 1020           | 720               | 80            | 20                | 1             | 340              | 1770        | 15        | 6                 | 7          | 60          |
| SMALL CAESAR SALAD  | 260            | 190               | 21            | 5                 | 0             | 18               | 640         | 11        | 1                 | 3          | 6           |
| WIQUI WAQUI SALAD   | 990            | 470               | 52            | 14                | 0.5           | 210              | 1640        | 61        | 9                 | 25         | 70          |
| SIDE OF SALAD DRESSINGS - 2oz   |                |                   |               |                   |               |                  |             |           |                   |            |             |
| 1000 ISLAND   | 260            | 240               | 27            | 4                 | 0             | 15               | 320         | 5         | 0                 | 3          | 0           |
| BLEU CHEESE   | 260            | 240               | 26            | 8                 | 0             | 30               | 320         | 2         | 0                 | 1          | 2           |
| CAESAR  | 290            | 280               | 31            | 5                 | 0.5           | 10               | 570         | 3         | 0                 | 2          | 1           |
| HONEY MUSTARD   | 320            | 290               | 32            | 5                 | 0.5           | 15               | 350         | 7         | 0                 | 7          | 0           |
| KOBB  | 280            | 280               | 31            | 5                 | 0             | 15               | 320         | 1         | 0                 | 2          | 0           |
| LIGHT BALSAMIC  | 90             | 50                | 6             | 1                 | 0             | 0                | 380         | 10        | 0                 | 9          | 0           |
| RANCH   | 230            | 210               | 23            | 4                 | 0             | 15               | 540         | 3         | 0                 | 2          | 1           |
| SESAME  | 250            | 210               | 23            | 4                 | 0             | 10               | 810         | 11        | 0                 | 9          | 1           |
| OPTIONAL BURGER AND SANDWICH ADDITIONS                                  |                |                   |               |                   |               |                  |             |           |                   |            |             |
| AMERICAN CHEESE (1oz)   | 90             | 60                | 7             | 5                 | 0             | 20               | 480         | 3         | 0                 | 1          | 4           |
| APPLEWOOD SMOKED BACON (2 SLICES)                                       | 120            | 80                | 9             | 3                 | 0             | 15               | 750         | 0         | 0                 | 0          | 9           |
| AVOCADO SLICES (1.3oz)  | 60             | 45                | 5             | 1                 | 0             | 0                | 3           | 5         | 2                 | 0          | 0           |
| BEEF PATTY ONLY   | 390            | 240               | 27            | 10                | 1             | 125              | 110         | 0         | 0                 | 0          | 36          |
| BLEU CHEESE CRUMBLES (1oz)  | 100            | 70                | 8             | 5                 | 0             | 25               | 380         | 0         | 0                 | 0          | 6           |
| CHEDDAR + JACK CHEESE (1oz)   | 110            | 80                | 9             | 6                 | 0             | 35               | 190         | 1         | 0                 | 0          | 6           |
| CHEDDAR CHEESE (1oz)  | 110            | 80                | 9             | 6                 | 0             | 35               | 190         | 1         | 0                 | 0          | 6           |
| CHICKEN PATTY ONLY  | 250            | 50                | 6             | 2                 | 0             | 130              | 120         | 0         | 0                 | 0          | 48          |
| FETA CHEESE (1oz)   | 70             | 50                | 5             | 3                 | 0             | 15               | 280         | 1         | 0                 | 0          | 5           |
| FRIED EGG   | 90             | 60                | 7             | 2                 | 0             | 185              | 95          | 0         | 0                 | 0          | 6           |
| IMPOSSIBLE PATTY ONLY   | 240            | 130               | 14            | 8                 | 0             | 0                | 390         | 9         | 3                 | 0          | 19          |
| ISLAND REDS™ (1oz)  | 170            | 130               | 14            | 1                 | 0             | 5                | 140         | 9         | 1                 | 2          | 1           |
| PEPPER JACK CHEESE (1oz)  | 110            | 80                | 9             | 6                 | 0             | 35               | 190         | 1         | 0                 | 0          | 6           |
| SAUTEED MUSHROOMS (2oz)   | 50             | 40                | 4             | 1                 | 0             | 0                | 120         | 2         | 0                 | 1          | 1           |
| SWISS CHEESE (1oz)  | 110            | 80                | 9             | 6                 | 0.5           | 30               | 60          | 1         | 0                 | 0          | 7           |
| TURKEY PATTY ONLY   | 240            | 120               | 13            | 3                 | 0             | 100              | 330         | 3         | 1                 | 2          | 28          |
| VEGGIE PATTY ONLY   | 150            | 40                | 4             | 1.5               | 0             | 25               | 760         | 22        | 3                 | 1          | 8           |



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| SIDES                         | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
|-------------------------------|----------------|-------------------|---------------|-------------------|---------------|------------------|-------------|-----------|-------------------|------------|-------------|
| AVOCADO SALSA (3oz)           | 70             | 40                | 4             | 0.5               | 0             | 0                | 320         | 7         | 2                 | 3          | 1           |
| KALUA PORK (5oz)              | 310            | 210               | 23            | 9                 | 0             | 85               | 660         | 0         | 0                 | 0          | 25          |
| CHILI, LARGE (6oz)            | 600            | 320               | 36            | 16                | 2             | 200              | 1720        | 12        | 2                 | 4          | 60          |
| CHILI, SMALL (3oz)            | 150            | 80                | 9             | 4                 | 0.5           | 50               | 430         | 3         | 0.5               | 1          | 15          |
| GUACAMOLE, LARGE (5oz)        | 560            | 520               | 58            | 0                 | 0             | 0                | 620         | 0         | 0                 | 0          | 8           |
| GUACAMOLE, SMALL (2oz)        | 110            | 100               | 11            | 0                 | 0             | 0                | 120         | 0         | 3                 | 0          | 2           |
| ISLAND REDS™ (2oz)            | 330            | 250               | 28            | 2                 | 0             | 0                | 270         | 18        | 2                 | 4          | 2           |
| RANCHERO BEANS/REFRIED BEANS  | 110            | 30                | 3             | 0                 | 0             | 5                | 290         | 15        | 4                 | 1          | 6           |
| SOUR CREAM (1oz)              | 60             | 50                | 6             | 3                 | 0             | 17               | 9           | 1         | 0                 | 1          | 0           |
| SPICY CHICKEN (4oz)           | 100            | 30                | 3             | 0                 | 0             | 45               | 580         | 3         | 0                 | 0          | 15          |
| SAUCES                        | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
| BQB SAUCE (1oz)               | 50             | 0                 | 0             | 0                 | 0             | 0                | 240         | 11        | 0                 | 9          | 0           |
| BLEU CHEESE DRESSING (1oz)    | 130            | 120               | 13            | 4                 | 0             | 15               | 160         | 1         | 0                 | 0.5        | 1           |
| CHIPOTLE AIOLI (1oz)          | 180            | 180               | 20            | 3                 | 0             | 15               | 230         | 1         | 0                 | 1          | 0           |
| GRILLED PINEAPPLE SALSA (2oz) | 30             | 0                 | 0             | 0                 | 0             | 0                | 20          | 8         | 0                 | 6          | 0           |
| ISLANDS SALSA (2oz)           | 15             | 0                 | 0             | 0                 | 0             | 0                | 260         | 3         | 0                 | 0          | 0           |
| MACHETE AIOLI (2oz)           | 200            | 140               | 16            | 2.5               | 0             | 10               | 930         | 8         | 0                 | 6          | 0           |
| MAYONNAISE (1oz)              | 210            | 210               | 23            | 4                 | 0.5           | 15               | 150         | 0.5       | 0                 | 0.5        | 0           |
| PINEAPPLE CHILI SAUCE (2oz)   | 130            | 10                | 1             | 0                 | 0             | 0                | 430         | 29        | <1                | 26         | 0           |
| SPICY SOY AIOLI (2oz)         | 380            | 370               | 41            | 7                 | 1             | 25               | 400         | 3         | 0                 | 1          | 0           |
| TERIYAKI SAUCE (1oz)          | 70             | 10                | 1             | 0                 | 0             | 0                | 640         | 16        | 0                 | 14         | 1           |
| WING SAUCE (2oz)              | 160            | 150               | 17            | 11                | 0.5           | 45               | 1,320       | 1         | 0                 | 0          | 0           |
| YELLOW MUSTARD (1oz)          | 20             | 10                | 1             | 0                 | 0             | 0                | 320         | 2         | 0                 | 0          | 0           |
| BUN, TORTILLAS & BREAD        | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
| CORN TORTILLA (6")            | 90             | 10                | 1             | 0                 | 0             | 0                | 30          | 18        | 2                 | 0          | 2           |
| EGG PULLMAN BREAD (2 SLICES)  | 230            | 60                | 7             | 4                 | 0             | 40               | 400         | 36        | 2                 | 6          | 6           |
| FLOUR TORTILLA (12")          | 240            | 60                | 6             | 2                 | 0             | 0                | 475         | 40        | 1                 | 0          | 5           |
| FLOUR TORTILLA (6")           | 80             | 20                | 2             | 0.5               | 0             | 0                | 165         | 14        | 0.5               | 0          | 2           |
| BUTTER BUN (TEST ITEM)        | 320            | 140               | 15            | 1                 | 0             | 0                | 340         | 41        | 1                 | 5          | 6           |
| GLUTEN FREE BUN (4")          | 230            | 60                | 7             | 0.5               | 0             | 0                | 320         | 38        | 5                 | 3          | 4           |
| HOT DOG BUN                   | 150            | 20                | 2             | 0                 | 0             | 0                | 270         | 29        | 0.5               | 4          | 4           |
| WHEAT BUN                     | 340            | 140               | 15            | 1                 | 0             | 0                | 360         | 43        | 2                 | 5          | 8           |
| WHITE BUN                     | 210            | 22                | 2.5           | 0.5               | 0             | 0                | 340         | 41        | 1                 | 4          | 6           |
| DESSERTS                      | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
| CHOCOLATE LAVA                | 1440           | 780               | 87            | 33                | 0             | 225              | 870         | 144       | 3                 | 105        | 18          |
| FUDGE BROWNIE                 | 520            | 290               | 32            | 13                | 0             | 85               | 315         | 52        | 1                 | 39         | 6           |
| KONA PIE                      | 930            | 420               | 225           | 21                | 1.5           | 105              | 330         | 114       | 3                 | 78         | 15          |
| ROOT BEER FLOAT               | 430            | 150               | 17            | 10                | 0.5           | 115              | 135         | 65        | 0                 | 65         | 4           |
| SMALL ICE CREAM SUNDAE        | 450            | 220               | 24            | 13                | 0             | 85               | 185         | 51        | 2                 | 44         | 7           |
| SHAKES AND SMOOTHIES          | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
| CHOCOLATE SHAKE               | 760            | 400               | 44            | 16                | 0             | 0                | 380         | 84        | 0                 | 63         | 8           |
| COOL BREEZE                   | 400            | 40                | 4             | 4                 | 0             | 5                | 10          | 91        | 4                 | 78         | 1           |
| MANGO STRAWBERRY              | 380            | 20                | 2             | 1                 | 0             | 5                | 0           | 91        | 3                 | 75         | 0           |
| STRAWBERRY SHAKE              | 760            | 400               | 44            | 16                | 0             | 0                | 370         | 82        | 0                 | 56         | 8           |
| VANILLA SHAKE                 | 730            | 400               | 44            | 16                | 0             | 30               | 370         | 75        | 0                 | 56         | 8           |



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| BEVERAGES  | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
|--|----------------|-------------------|---------------|-------------------|---------------|------------------|-------------|-----------|-------------------|------------|-------------|
| <b>ENDLESS MUGS</b>  |                |                   |               |                   |               |                  |             |           |                   |            |             |
| COCA COLA  | 100            | 0                 | 0             | 0                 | 0             | 0                | 30          | 26        | 0                 | 26         | 0           |
| DIET COKE  | 0              | 0                 | 0             | 0                 | 0             | 0                | 30          | 0         | 0                 | 0          | 0           |
| CHERRY COKE  | 110            | 0                 | 0             | 0                 | 0             | 0                | 30          | 28        | 0                 | 28         | 0           |
| SPRITE   | 100            | 0                 | 0             | 0                 | 0             | 0                | 50          | 26        | 0                 | 26         | 0           |
| ROOT BEER  | 110            | 0                 | 0             | 0                 | 0             | 0                | 50          | 30        | 0                 | 30         | 0           |
| LEMONADE   | 120            | 0                 | 0             | 0                 | 0             | 0                | 40          | 30        | 0                 | 29         | 0           |
| MR PIBB  | 95             | 0                 | 0             | 0                 | 0             | 0                | 30          | 29        | 0                 | 29         | 0           |
| FRUIT PUNCH  | 120            | 0                 | 0             | 0                 | 0             | 0                | 35          | 32        | 0                 | 32         | 0           |
| GREEN ICED TEA   | 80             | 0                 | 0             | 0                 | 0             | 0                | 10          | 22        | 0                 | 21         | 0           |
| NATURAL ICED TEA   | 0              | 0                 | 0             | 0                 | 0             | 0                | 0           | 0         | 0                 | 0          | 0           |
| PASSION ICED TEA   | 0              | 0                 | 0             | 0                 | 0             | 0                | 0           | 0         | 0                 | 0          | 0           |
| HOT TEA  | 0              | 0                 | 0             | 0                 | 0             | 0                | 0           | 0         | 0                 | 0          | 0           |
| <b>FRUIT JUICES MILK</b>   |                |                   |               |                   |               |                  |             |           |                   |            |             |
| APPLE JUICE (8 fl oz)  | 140            | 0                 | 0             | 0                 | 0             | 0                | 10          | 35        | 0                 | 34         | 0           |
| APPLE JUICE (14 fl oz)   | 250            | 0                 | 0             | 0                 | 0             | 0                | 20          | 61        | 0                 | 60         | 0           |
| MILK (10fl oz)   | 150            | 50                | 6             | 3.5               | 0             | 25               | 140         | 14        | 0                 | 15         | 10          |
| ORANGE JUICE (8 fl oz)   | 110            | 0                 | 0             | 0                 | 0             | 0                | 20          | 27        | 0                 | 26         | 0           |
| ORANGE JUICE (14 fl oz)  | 190            | 0                 | 0             | 0                 | 0             | 0                | 35          | 47        | 0                 | 46         | 0           |
| CRANBERRY JUICE (8 fl oz)  | 135            | 0                 | 0             | 0                 | 0             | 0                | 40          | 34        | 0                 | 33         | 0           |
| CRANBERRY JUICE (14 fl oz)   | 240            | 0                 | 0             | 0                 | 0             | 0                | 70          | 60        | 0                 | 58         | 0           |
| <b>FRESH BREWED COFFEE</b>   |                |                   |               |                   |               |                  |             |           |                   |            |             |
| REGULAR BREWED COFFEE (black)  | 0              | 0                 | 0             | 0                 | 0             | 0                | 0           | 0         | 0                 | 0          | 0           |
| DECAF BREWED COFFEE (black)  | 0              | 0                 | 0             | 0                 | 0             | 0                | 0           | 0         | 0                 | 0          | 0           |
| <b>GREMMIE MENU</b>  |                |                   |               |                   |               |                  |             |           |                   |            |             |
| <b>NUTRITIONAL DATA FOR MENU ITEMS DOES NOT INCLUDE SIDES WHICH ARE LISTED BELOW</b> |                |                   |               |                   |               |                  |             |           |                   |            |             |
| LIL BEEF SLIDER  | 220            | 70                | 8             | 3                 | 1             | 30               | 510         | 24        | 1                 | 3          | 13          |
| LIL SANDCASTLE   | 270            | 160               | 18            | 10                | 0             | 45               | 690         | 19        | 1                 | 3          | 9           |
| LIL TIKI TENDERS   | 380            | 210               | 23            | 5                 | 0             | 50               | 1130        | 26        | 1                 | 1          | 17          |
| JR WAVE  | 450            | 180               | 20            | 8                 | 1.0           | 85               | 670         | 36        | 1                 | 5          | 30          |
| JR WAVE WITH CHEESE AND BACON  | 660            | 330               | 37            | 15                | 1             | 120              | 1910        | 39        | 1                 | 6          | 43          |
| JR LIL DOGGER  | 380            | 210               | 23            | 10                | 2             | 35               | 1050        | 31        | 1                 | 4          | 13          |
| JR MAC N CHEESE  | 300            | 80                | 9             | 3                 | 0             | 10               | 650         | 44        | 2                 | 8          | 10          |
| JR QUESADILLA  | 590            | 320               | 36            | 18                | 1             | 105              | 1060        | 42        | 1                 | 0.5        | 24          |
| JR NOODLES WITH BUTTER + PARMESAN CHEESE   | 370            | 110               | 12            | 7                 | 1             | 30               | 310         | 53        | 2                 | 0.5        | 12          |
| JR SANDCASTLE  | 540            | 320               | 35            | 19                | 0.0           | 90               | 1390        | 37        | 2                 | 6          | 18          |
| JR TIKI TENDERS  | 570            | 320               | 35            | 7                 | 0             | 70               | 1700        | 39        | 2                 | 2          | 25          |
| JR SUNDAE (3.5oz)  | 260            | 140               | 16            | 10                | 0.5           | 100              | 60          | 24        | 0.5               | 23         | 4           |
| JR CHOCOLATE SHAKE (12oz)  | 630            | 320               | 36            | 13                | 0             | 0                | 310         | 70        | 0                 | 52         | 6           |
| JR VANILLA SHAKE (12oz)  | 630            | 340               | 38            | 14                | 0             | 0                | 320         | 65        | 0                 | 48         | 6           |
| JR STRAWBERRY SHAKE (12oz)   | 620            | 320               | 36            | 13                | 0             | 0                | 310         | 68        | 0                 | 46         | 6           |
| <b>GREMMIE MENU SIDES &amp; APPETIZERS &amp; DIPS</b>                                |                |                   |               |                   |               |                  |             |           |                   |            |             |
| JR GARDEN SALAD WITH 1oz RANCH DRESSING  | 160            | 120               | 13            | 2                 | 0             | 8                | 360         | 8         | 1                 | 3          | 2           |
| JR CAESAR SALAD  | 110            | 80                | 9             | 2                 | 0             | 3                | 210         | 6         | 1                 | 2          | 1           |
| JR ISLAND FRIES (3oz) WITH 1oz RANCH DIP   | 400            | 225               | 25            | 3                 | 0             | 7                | 510         | 41        | 2                 | 2          | 4           |
| FRESH PINEAPPLE  | 40             | 0                 | 0             | 0                 | 0             | 0                | 0           | 11        | 1                 | 8          | 0           |
| APPLESAUCE (4oz)   | 80             | 0                 | 0             | 0                 | 0             | 0                | 0           | 18        | 1                 | 16         | 0           |
| JR COOKED BROCCOLI (4oz) WITH BUTTER   | 80             | 40                | 4             | 2.5               | 0             | 10               | 90          | 8         | 0                 | 2          | 2           |
| YOGURT DIP ONLY (1oz)  | 75             | 40                | 4             | 3                 | 0             | 15               | 20          | 7         | 0                 | 5          | 2           |
| RANCH DIP ONLY (1oz)   | 110            | 100               | 11            | 2                 | 0             | 7                | 270         | 2         | 0                 | 1          | 0           |
| JR FRESH APPLE WITH YOGURT DIP   | 150            | 40                | 4             | 3                 | 0             | 15               | 20          | 26        | 3                 | 20         | 2           |
| JR FRESH PINEAPPLE WITH YOGURT DIP   | 80             | 0                 | 0.0           | 0                 | 0             | 0                | 10          | 17        | 1                 | 14         | 2           |



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| CATERING MENU                                | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
|--|----------------|-------------------|---------------|-------------------|---------------|------------------|-------------|-----------|-------------------|------------|-------------|
| BBQ CHICKEN CLUB WRAP (8-10 SERVINGS)        | 8570           | 4650              | 517           | 130               | 1.5           | 1060             | 19760       | 630       | 46                | 248        | 350         |
| BROWNIE (8-10 SERVINGS)                      | 7040           | 3700              | 411           | 171               | 0             | 1140             | 3820        | 757       | 22                | 553        | 79          |
| CHIPS & SALSA WITH GUACAMOLE (6-10 SERVINGS) | 2680           | 1520              | 169           | 8                 | 0             | 0                | 2410        | 250       | 20                | 7          | 39          |
| CHINA COAST SALAD (8-10 SERVINGS)            | 2850           | 1600              | 178           | 31                | 5             | 360              | 5950        | 178       | 19                | 85         | 134         |
| JUNGLE CAESAR SALAD (8-10 SERVINGS)          | 3000           | 2070              | 230           | 50                | 2             | 430              | 5700        | 81        | 18                | 23         | 151         |
| KOBB SALAD (8-10 SERVINGS)                   | 3790           | 2750              | 305           | 78                | 1             | 1080             | 6960        | 59        | 24                | 28         | 202         |
| LUAU TACOS (8-10 SERVINGS)                   | 3710           | 1350              | 150           | 46                | 0             | 340              | 2900        | 445       | 20                | 176        | 146         |
| SLIDERS (6-10 SERVINGS)                      | 4190           | 2110              | 234           | 75                | 6             | 590              | 7000        | 316       | 14                | 43         | 204         |
| SPINACH & ARTICHOKE DIP (6-10 SERVINGS)      | 3570           | 2150              | 239           | 92                | 3.5           | 450              | 7660        | 288       | 30                | 24         | 66          |
| TIKI TENDERS (6-10 SERVINGS)                 | 5730           | 3370              | 374           | 46                | 1             | 560              | 17460       | 408       | 18                | 126        | 183         |
| TUNA WRAP (8-10 SERVINGS)                    | 8320           | 6010              | 668           | 130               | 7             | 675              | 14020       | 366       | 28                | 49         | 211         |
| WINGS (6-10 SERVINGS)                        | 8760           | 5510              | 612           | 167               | 0             | 3130             | 14210       | 74        | 19                | 22         | 740         |
| WIQUI WAQUI SALAD (8-10 SERVINGS)            | 3940           | 2080              | 231           | 64                | 1             | 728              | 8360        | 238       | 30                | 138        | 227         |
| ALCOHOLIC BEVERAGES - MIXED DRINKS           | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
| BIG ISLAND ICED TEA                          | 370            | 0                 | 0             | 0                 | 0             | 0                | 0           | 43        | 1                 | 38         | 0           |
| BLOODY MARY                                  | 190            | 0                 | 0             | 0                 | 0             | 0                | 1230        | 12        | 1                 | 4          | 1           |
| BLUE HAWAIIAN                                | 290            | 0                 | 1             | 0                 | 0             | 0                | 10          | 50        | 0                 | 47         | 0           |
| FROSE ( LTO )                                | 310            | 0                 | 0             | 0                 | 0             | 0                | 20          | 42        | 0                 | 42         | 0           |
| HAND SHAKEN STRAWBERRY DAIQUIRI              | 300            | 0                 | 0             | 0                 | 0             | 0                | 0           | 36        | 1                 | 30         | 0           |
| LAVA FLOW                                    | 450            | 20                | 2             | 0                 | 0             | 0                | 10          | 64        | 3                 | 56         | 1           |
| LONG ISLAND ICED TEA                         | 460            | 0                 | 0             | 0                 | 0             | 0                | 5           | 80        | 1                 | 73         | 0           |
| MAI TAI                                      | 230            | 0                 | 0             | 0                 | 0             | 0                | 0           | 21        | 0                 | 18         | 0           |
| MAKAHA MAGGIE                                | 330            | 0                 | 0             | 0                 | 0             | 0                | 10          | 43        | 0                 | 37         | 0           |
| MANGORITA                                    | 490            | 0                 | 0             | 0                 | 0             | 0                | 2200        | 56        | 0                 | 52         | 0           |
| MARGARITA FROZEN                             | 480            | 0                 | 0             | 0                 | 0             | 0                | 10          | 65        | 0                 | 57         | 0           |
| MARGARITA FROZEN STRAWBERRY                  | 410            | 0                 | 0             | 0                 | 0             | 0                | 7           | 60        | 0                 | 54         | 0           |
| MARGARITA LITE                               | 290            | 0                 | 0             | 0                 | 0             | 0                | 0           | 41        | 0                 | 34         | 0           |
| MARGARITA ROCKS                              | 490            | 0                 | 0             | 0                 | 0             | 0                | 2200        | 56        | 0                 | 52         | 0           |
| MAUI MOJITO                                  | 290            | 0                 | 0             | 0                 | 0             | 0                | 5           | 29        | 0                 | 25         | 0           |
| MOJITO                                       | 290            | 0                 | 0             | 0                 | 0             | 0                | 25          | 32        | 5                 | 20         | 2           |
| MOSCOW MULE                                  | 190            | 0                 | 0             | 0                 | 0             | 0                | 10          | 15        | 0                 | 14         | 0           |
| PINA COLADA                                  | 400            | 30                | 3             | 3                 | 0             | 0                | 15          | 53        | 3                 | 47         | 1           |
| PUNCH BOWL PER BOWL                          | 800            | 0                 | 0             | 0                 | 0             | 0                | 35          | 132       | 3                 | 108        | 2           |
| SUNSET COLADA                                | 440            | 30                | 3.5           | 3.5               | 0             | 0                | 15          | 49        | 2                 | 44         | 1           |
| SUNSET MARGARITA                             | 250            | 0                 | 0             | 0                 | 0             | 0                | 2290        | 16        | 1                 | 13         | 0           |
| TIKI TAI                                     | 380            | 0                 | 0             | 0                 | 0             | 0                | 5           | 50        | 1                 | 43         | 0           |
| TROPICAL DEEP BLUE SEA (LAPU LAPU)           | 510            | 0                 | 0             | 0                 | 0             | 0                | 5           | 91        | 0                 | 76         | 0           |



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| WINE   | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
|--|----------------|-------------------|---------------|-------------------|---------------|------------------|-------------|-----------|-------------------|------------|-------------|
| CABERNET SAUVIGNON (COPPER RIDGE) - GLASS              | 160            | 0                 | 0             | 0                 | 0             | 0                | 5           | 7         | 0                 | 2          | 0           |
| CABERNET SAUVIGNON (COPPER RIDGE) - BOTTLE             | 580            | 0                 | 0             | 0                 | 0             | 0                | 20          | 25        | 0                 | 7          | 0           |
| CABERNET SAUVIGNON (GREYSTONE) - GLASS                 | 170            |                   |               |                   |               |                  |             |           |                   |            |             |
| CABERNET SAUVIGNON (GREYSTONE) - BOTTLE                | 610            |                   |               |                   |               |                  |             |           |                   |            |             |
| CABERNET SAUVIGNON (WILLIAM HILL) - GLASS              | 190            |                   |               |                   |               |                  |             |           |                   |            |             |
| CABERNET SAUVIGNON (WILLIAM HILL) - BOTTLE             | 690            |                   |               |                   |               |                  |             |           |                   |            |             |
| CHAMPAGNE (WYCLIFF BRUT CALIFORNIA CHAMPAGNE) - GLASS  | 115            |                   |               |                   |               |                  |             |           |                   |            |             |
| CHAMPAGNE (WYCLIFF BRUT CALIFORNIA CHAMPAGNE) - BOTTLE | 480            |                   |               |                   |               |                  |             |           |                   |            |             |
| CHARDONNAY (COPPER RIDGE) - GLASS                      | 160            | 0                 | 0             | 0                 | 0             | 0                | 5           | 7         | 0                 | 0          | 0           |
| CHARDONNAY (COPPER RIDGE) - BOTTLE                     | 580            | 0                 | 0             | 0                 | 0             | 0                | 20          | 25        | 0                 | 0          | 0           |
| CHARDONNAY (KENDALL JACKSON) - GLASS                   | 180            | 0                 | 0             | 0                 | 0             | 0                | 15          | 5         | 0                 | 1          | 0           |
| CHARDONNAY (KENDALL JACKSON) - BOTTLE                  | 660            | 0                 | 0             | 0                 | 0             | 0                | 60          | 20        | 0                 | 4          | 0           |
| CHARDONNAY (IRONY) - GLASS                             | 175            |                   |               |                   |               |                  |             |           |                   |            |             |
| CHARDONNAY (IRONY) - BOTTLE                            | 635            |                   |               |                   |               |                  |             |           |                   |            |             |
| PINOT GRIGIO (RUFFINO) - GLASS                         | 150            | 0                 | 0             | 0                 | 0             | 0                |             |           | 0                 |            | 0           |
| PINOT GRIGIO (RUFFINO) - BOTTLE                        | 550            | 0                 | 0             | 0                 | 0             | 0                |             |           | 0                 |            | 0           |
| PINOT NOIR (SEAGLASS) - GLASS                          | 150            | 0                 | 0             | 0                 | 0             | 0                |             |           | 0                 |            | 0           |
| PINOT NOIR (SEAGLASS) - BOTTLE                         | 640            | 0                 | 0             | 0                 | 0             | 0                |             |           | 0                 |            | 0           |
| PROSECCO (LA MARCA) - BOTTLE                           | 120            |                   |               |                   |               |                  |             |           |                   |            |             |
| RED BLEND (APOTHIC) - GLASS                            | 195            |                   |               |                   |               |                  |             |           |                   |            |             |
| RED BLEND (APOTHIC) - BOTTLE                           | 710            |                   |               |                   |               |                  |             |           |                   |            |             |
| ROSE (CHLOE) - GLASS                                   | 160            |                   |               |                   |               |                  |             |           |                   |            |             |
| ROSE (CHLOE) - BOTTLE                                  | 580            |                   |               |                   |               |                  |             |           |                   |            |             |
| SAUVIGNON BLANC (CHATEAU STE. MICHELLE) - GLASS        | 195            |                   |               |                   |               |                  |             |           |                   |            |             |
| SAUVIGNON BLANC (CHATEAU STE. MICHELLE) - BOTTLE       | 700            |                   |               |                   |               |                  |             |           |                   |            |             |
| DRAFT BEER   | TOTAL CALORIES | CALORIES FROM FAT | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBS (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
| ALE SMITH .394 - 16oz                                  | 249            | 0                 | 0             | 0                 | 0             | 0                | 65          | 27        | 0                 | 0          | 2.5         |
| ALE SMITH .394 - 22oz                                  | 342            | 0                 | 0             | 0                 | 0             | 0                | 90          | 38        | 0                 | 0          | 3.4         |
| ALESMITH LITTLE DEVEL BELGIAN ALE - 16oz               | 225            | 0                 | 0             | 0                 | 0             | 0                | 65          | 24        | 0                 | 0          | 2.5         |
| ALESMITH LITTLE DEVEL BELGIAN ALE - 22oz               | 309            | 0                 | 0             | 0                 | 0             | 0                | 89          | 33        | 0                 | 0          | 3.5         |
| ALESMITH NUT BROWN - 16oz                              | 233            | 0                 | 0             | 0                 | 0             | 0                | 59          | 30        | 0                 | 0          | 2.2         |
| ALESMITH NUT BROWN - 22oz                              | 320            | 0                 | 0             | 0                 | 0             | 0                | 81          | 41        | 0                 | 0          | 3.0         |
| ANCHOR STEAM - 16oz                                    | 200            | 0                 | 0             | 0                 | 0             | 0                | 20          | 20        | 0                 | 0          | 2.0         |
| ANCHOR STEAM - 22oz                                    | 275            | 0                 | 0             | 0                 | 0             | 0                | 28          | 28        | 0                 | 0          | 2.8         |
| BALLAST POINT SCULPIN IPA - 16oz                       | 273            | 0                 | 0             | 0                 | 0             | 0                | 17          | 26        | 0                 | 0          | 0.9         |
| BALLAST POINT SCULPIN IPA - 22oz                       | 376            | 0                 | 0             | 0                 | 0             | 0                | 23          | 35        | 0                 | 0          | 1.2         |
| BEAR REPUBLIC RACER 5 IPA - 16oz                       | 307            | 0                 | 0             | 0                 | 0             | 0                | 13          | 34        | 0                 | 0          | 2.7         |
| BEAR REPUBLIC RACER 5 IPA - 22oz                       | 422            | 0                 | 0             | 0                 | 0             | 0                | 18          | 46        | 0                 | 0          | 3.7         |
| BLUE MOON - 16oz                                       | 245            | 0                 | 0             | 0                 | 0             | 0                | 7           | 28        | 0                 | 0          | 2.4         |
| BLUE MOON - 22oz                                       | 337            | 0                 | 0             | 0                 | 0             | 0                | 9           | 39        | 0                 | 0          | 3.3         |
| BUD LIGHT - 16oz                                       | 192            | 0                 | 0             | 0                 | 0             | 0                | 20          | 16        | 0                 | 0          | 1.3         |
| BUD LIGHT - 22oz                                       | 264            | 0                 | 0             | 0                 | 0             | 0                | 27          | 22        | 0                 | 0          | 1.8         |
| COACHELLA VALLEY PHOENIX LAGER - 16oz                  | 196            | 0                 | 0             | 0                 | 0             | 0                | 10          | 16        | 0                 | 0          | 1.0         |
| COACHELLA VALLEY PHOENIX LAGER - 22oz                  | 269            | 0                 | 0             | 0                 | 0             | 0                | 14          | 22        | 0                 | 0          | 1.4         |
| COORS LIGHT - 16oz                                     | 192            | 0                 | 0             | 0                 | 0             | 0                | 20          | 12        | 0                 | 0          | 1.3         |
| COORS LIGHT - 22oz                                     | 264            | 0                 | 0             | 0                 | 0             | 0                | 27          | 17        | 0                 | 0          | 1.8         |
| CORONADO ORANGE AVENUE WIT - 16oz                      | 206            | 0                 | 0             | 0                 | 0             | 0                | 15          | 20        | 0                 | 0          | 2.0         |
| CORONADO ORANGE AVENUE WIT - 22oz                      | 283            | 0                 | 0             | 0                 | 0             | 0                | 21          | 28        | 0                 | 0          | 2.8         |
| DALE BROTHERS POMONA QUEEN LAGER - 16oz                | 286            | 0                 | 0             | 0                 | 0             | 0                | 20          | 25        | 0                 | 0          | 2.0         |
| DALE BROTHERS POMONA QUEEN LAGER - 22oz                | 393            | 0                 | 0             | 0                 | 0             | 0                | 28          | 34        | 0                 | 0          | 2.8         |
| DESCHUTES BLACK BUTTE PORTER - 16oz                    | 256            | 0                 | 0             | 0                 | 0             | 0                | 10          | 27        | 0                 | 0          | 2.0         |
| DESCHUTES BLACK BUTTE PORTER - 22oz                    | 352            | 0                 | 0             | 0                 | 0             | 0                | 14          | 37        | 0                 | 0          | 2.8         |
| DESCHUTES FRESH SQUEEZED IPA - 16oz                    | 300            | 0                 | 0             | 0                 | 0             | 0                | 20          | 30        | 0                 | 0          | 2.0         |
| DESCHUTES FRESH SQUEEZED IPA - 22oz                    | 413            | 0                 | 0             | 0                 | 0             | 0                | 28          | 41        | 0                 | 0          | 2.8         |



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|--|----------------|-------------------|---------------|-------------------|---------------|------------------|-------------|-----------|-------------------|------------|-------------|
| DRAFT BEER                                 |                |                   |               |                   |               |                  |             |           |                   |            |             |
| DESCHUTES HOP SLICE IPA - 16oz             | 213            | 0                 | 0             | 0                 | 0             | 0                | 20          | 21        | 0                 | 0          | 2.0         |
| DESCHUTES HOP SLICE IPA - 22oz             | 293            | 0                 | 0             | 0                 | 0             | 0                | 28          | 29        | 0                 | 0          | 2.8         |
| DESCHUTES INVERSION IPA - 16oz             | 304            | 0                 | 0             | 0                 | 0             | 0                | 20          | 30        | 0                 | 0          | 2.0         |
| DESCHUTES INVERSION IPA - 22oz             | 418            | 0                 | 0             | 0                 | 0             | 0                | 28          | 41        | 0                 | 0          | 2.8         |
| DESCHUTES MIRROR POND PALE ALE - 16oz      | 227            | 0                 | 0             | 0                 | 0             | 0                | 20          | 18        | 0                 | 0          | 2.0         |
| DESCHUTES MIRROR POND PALE ALE - 22oz      | 312            | 0                 | 0             | 0                 | 0             | 0                | 28          | 25        | 0                 | 0          | 2.8         |
| DESCHUTES PACIFIC WONDERLAND LAGER - 16oz  | 290            | 0                 | 0             | 0                 | 0             | 0                | 20          | 25        | 0                 | 0          | 2.0         |
| DESCHUTES PACIFIC WONDERLAND LAGER - 22oz  | 398            | 0                 | 0             | 0                 | 0             | 0                | 28          | 34        | 0                 | 0          | 2.8         |
| DOGFISH HEAD INDIAN BROWN - 16oz           | 307            | 0                 | 0             | 0                 | 0             | 0                | 13          | 41        | 0                 | 0          | 2.7         |
| DOGFISH HEAD INDIAN BROWN - 22oz           | 422            | 0                 | 0             | 0                 | 0             | 0                | 18          | 56        | 0                 | 0          | 3.7         |
| DOS EQUIS LAGER - 16oz                     | 173            | 0                 | 0             | 0                 | 0             | 0                | 10          | 15        | 0                 | 0          | 1.0         |
| DOS EQUIS LAGER - 22oz                     | 238            | 0                 | 0             | 0                 | 0             | 0                | 14          | 21        | 0                 | 0          | 1.4         |
| FIRESTONE-WALKER 805 - 16oz                | 200            | 0                 | 0             | 0                 | 0             | 0                | 7           | 24        | 0                 | 0          | 2.0         |
| FIRESTONE-WALKER 805 - 22oz                | 275            | 0                 | 0             | 0                 | 0             | 0                | 9           | 33        | 0                 | 0          | 2.7         |
| FIRESTONE-WALKER LUPONIC DISTORTION - 16oz | 247            | 0                 | 0             | 0                 | 0             | 0                | 7           | 27        | 0                 | 0          | 2.7         |
| FIRESTONE-WALKER LUPONIC DISTORTION - 22oz | 339            | 0                 | 0             | 0                 | 0             | 0                | 9           | 37        | 0                 | 0          | 3.7         |
| FIRESTONE-WALKER PALE 31 - 16oz            | 195            | 0                 | 0             | 0                 | 0             | 0                | 13          | 23        | 0                 | 0          | 2.7         |
| FIRESTONE-WALKER PALE 31 - 22oz            | 268            | 0                 | 0             | 0                 | 0             | 0                | 18          | 32        | 0                 | 0          | 3.7         |
| FIRESTONE-WALKER PIVO PILSNER - 16oz       | 201            | 0                 | 0             | 0                 | 0             | 0                | 13          | 21        | 0                 | 0          | 1.3         |
| FIRESTONE-WALKER PIVO PILSNER - 22oz       | 277            | 0                 | 0             | 0                 | 0             | 0                | 18          | 29        | 0                 | 0          | 1.8         |
| FIRESTONE-WALKER UNION JACK IPA - 16oz     | 283            | 0                 | 0             | 0                 | 0             | 0                | 13          | 30        | 0                 | 0          | 2.7         |
| FIRESTONE-WALKER UNION JACK IPA - 22oz     | 389            | 0                 | 0             | 0                 | 0             | 0                | 18          | 42        | 0                 | 0          | 3.7         |
| FIRESTONE-WALKER VELVET MERLIN - 16oz      | 353            | 0                 | 0             | 0                 | 0             | 0                | 13          | 43        | 0                 | 0          | 2.9         |
| FIRESTONE-WALKER VELVET MERLIN - 22oz      | 486            | 0                 | 0             | 0                 | 0             | 0                | 18          | 59        | 0                 | 0          | 4.0         |
| FOUR PEAKS KILT LIFTER SCOTTISH ALE - 16oz | 243            | 0                 | 0             | 0                 | 0             | 0                | 0           | 25        | 0                 | 0          | 2.7         |
| FOUR PEAKS KILT LIFTER SCOTTISH ALE - 22oz | 334            | 0                 | 0             | 0                 | 0             | 0                | 0           | 34        | 0                 | 0          | 3.7         |
| GREAT DIVIDE YETI IMPERIAL STOUT - 16oz    | 413            | 0                 | 0             | 0                 | 0             | 0                | 13          | 55        | 0                 | 0          | 2.7         |
| GREAT DIVIDE YETI IMPERIAL STOUT - 22oz    | 568            | 0                 | 0             | 0                 | 0             | 0                | 18          | 76        | 0                 | 0          | 3.7         |
| HANGER 24 BETTY IPA - 16oz                 | 285            | 0                 | 0             | 0                 | 0             | 0                | 15          | 30        | 0                 | 0          | 2.0         |
| HANGER 24 BETTY IPA - 22oz                 | 392            | 0                 | 0             | 0                 | 0             | 0                | 21          | 41        | 0                 | 0          | 2.8         |
| HANGER 24 HELLES LAGER - 16oz              | 267            | 0                 | 0             | 0                 | 0             | 0                | 20          | 18        | 0                 | 0          | 2.0         |
| HANGER 24 HELLES LAGER - 22oz              | 367            | 0                 | 0             | 0                 | 0             | 0                | 28          | 25        | 0                 | 0          | 2.8         |
| HANGER 24 ORANGE WHEAT - 16oz              | 258            | 0                 | 0             | 0                 | 0             | 0                | 15          | 30        | 0                 | 0          | 2.0         |
| HANGER 24 ORANGE WHEAT - 22oz              | 354            | 0                 | 0             | 0                 | 0             | 0                | 21          | 41        | 0                 | 0          | 2.8         |
| KARL STRAUSS AURORA HOPPYALIS IPA - 16oz   | 265            | 0                 | 0             | 0                 | 0             | 0                | 52          | 28        | 0                 | 0          | 2.3         |
| KARL STRAUSS AURORA HOPPYALIS IPA - 22oz   | 364            | 0                 | 0             | 0                 | 0             | 0                | 71          | 39        | 0                 | 0          | 3.1         |
| KARL STRAUSS MOSAIC SESSION IPA - 16oz     | 214            | 0                 | 0             | 0                 | 0             | 0                | 47          | 21        | 0                 | 0          | 2.9         |
| KARL STRAUSS MOSAIC SESSION IPA - 22oz     | 295            | 0                 | 0             | 0                 | 0             | 0                | 64          | 28        | 0                 | 0          | 4.0         |
| KARL STRAUSS RED TROLLEY ALE - 16oz        | 276            | 0                 | 0             | 0                 | 0             | 0                | 58          | 35        | 0                 | 0          | 2.9         |
| KARL STRAUSS RED TROLLEY ALE - 22oz        | 379            | 0                 | 0             | 0                 | 0             | 0                | 80          | 49        | 0                 | 0          | 4.1         |
| KARL STRAUSS TOWER 10 IPA - 16oz           | 279            | 0                 | 0             | 0                 | 0             | 0                | 54          | 28        | 0                 | 0          | 2.3         |
| KARL STRAUSS TOWER 10 IPA - 22oz           | 384            | 0                 | 0             | 0                 | 0             | 0                | 74          | 39        | 0                 | 0          | 3.2         |
| KNEE DEEP BREAKING BUD IPA - 16oz          | 242            | 0                 | 0             | 0                 | 0             | 0                | 17          | 20        | 0                 | 0          | 2.8         |
| KNEE DEEP BREAKING BUD IPA - 22oz          | 332            | 0                 | 0             | 0                 | 0             | 0                | 23          | 27        | 0                 | 0          | 3.8         |
| KONA BIG WAVE GOLDEN ALE - 16oz            | 176            | 0                 | 0             | 0                 | 0             | 0                | 13          | 18        | 0                 | 0          | 1.9         |
| KONA BIG WAVE GOLDEN ALE - 22oz            | 242            | 0                 | 0             | 0                 | 0             | 0                | 18          | 24        | 0                 | 0          | 2.7         |
| KONA CASTAWAY IPA - 16oz                   | 232            | 0                 | 0             | 0                 | 0             | 0                | 13          | 21        | 0                 | 0          | 3.1         |
| KONA CASTAWAY IPA - 22oz                   | 319            | 0                 | 0             | 0                 | 0             | 0                | 18          | 29        | 0                 | 0          | 4.2         |
| KONA FIRE ROCK PALE ALE - 16oz             | 248            | 0                 | 0             | 0                 | 0             | 0                | 13          | 20        | 0                 | 0          | 2.7         |
| KONA FIRE ROCK PALE ALE - 22oz             | 341            | 0                 | 0             | 0                 | 0             | 0                | 18          | 27        | 0                 | 0          | 3.7         |
| KONA HANAIEI ISLAND IPA - 16oz             | 192            | 0                 | 0             | 0                 | 0             | 0                | 13          | 20        | 0                 | 0          | 1.9         |
| KONA HANAIEI ISLAND IPA - 22oz             | 264            | 0                 | 0             | 0                 | 0             | 0                | 18          | 27        | 0                 | 0          | 2.6         |
| KONA LONGBOARD LAGER - 16oz                | 192            | 0                 | 0             | 0                 | 0             | 0                | 13          | 20        | 0                 | 0          | 2.7         |
| KONA LONGBOARD LAGER - 22oz                | 264            | 0                 | 0             | 0                 | 0             | 0                | 18          | 27        | 0                 | 0          | 3.7         |
| KONA PIPELINE PORTER - 16oz                | 247            | 0                 | 0             | 0                 | 0             | 0                | 13          | 27        | 0                 | 0          | 2.7         |





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|---|----------------|-------------------|---------------|-------------------|---------------|------------------|-------------|-----------|-------------------|------------|-------------|
| DRAFT BEER                                  |                |                   |               |                   |               |                  |             |           |                   |            |             |
| KONA PIPELINE PORTER - 22oz                 | 339            | 0                 | 0             | 0                 | 0             | 0                | 18          | 37        | 0                 | 0          | 3.7         |
| LAGUNITIAS IPA - 16oz                       | 250            | 0                 | 0             | 0                 | 0             | 0                | 20          | 25        | 0                 | 0          | 3.5         |
| LAGUNITIAS IPA - 22oz                       | 344            | 0                 | 0             | 0                 | 0             | 0                | 28          | 35        | 0                 | 0          | 4.9         |
| LAGUNITIAS PILSNER - 16oz                   | 221            | 0                 | 0             | 0                 | 0             | 0                | 18          | 19        | 0                 | 0          | 3.4         |
| LAGUNITIAS PILSNER - 22oz                   | 304            | 0                 | 0             | 0                 | 0             | 0                | 25          | 26        | 0                 | 0          | 4.7         |
| LEFT COAST TRESTLES IPA - 16oz              | 282            | 0                 | 0             | 0                 | 0             | 0                | 15          | 25        | 0                 | 0          | 2.0         |
| LEFT COAST TRESTLES IPA - 22oz              | 388            | 0                 | 0             | 0                 | 0             | 0                | 21          | 34        | 0                 | 0          | 2.8         |
| MAUI BIG SWELL IPA - 16oz                   | 259            | 0                 | 0             | 0                 | 0             | 0                | 13          | 25        | 0                 | 0          | 4.0         |
| MAUI BIG SWELL IPA - 22oz                   | 356            | 0                 | 0             | 0                 | 0             | 0                | 18          | 34        | 0                 | 0          | 5.5         |
| MAUI BIKINI BLONDE - 16oz                   | 208            | 0                 | 0             | 0                 | 0             | 0                | 13          | 23        | 0                 | 0          | 2.7         |
| MAUI BIKINI BLONDE - 22oz                   | 286            | 0                 | 0             | 0                 | 0             | 0                | 18          | 32        | 0                 | 0          | 3.7         |
| MODERN TIMES BLACK HOUSE STOUT - 16oz       | 279            | 0                 | 0             | 0                 | 0             | 0                | 44          | 37        | 0                 | 0          | 2.8         |
| MODERN TIMES BLACK HOUSE STOUT - 22oz       | 383            | 0                 | 0             | 0                 | 0             | 0                | 61          | 52        | 0                 | 0          | 3.8         |
| MODERN TIMES FORTUNATE ISLANDS WHEAT - 16oz | 200            | 0                 | 0             | 0                 | 0             | 0                | 42          | 18        | 0                 | 0          | 3.2         |
| MODERN TIMES FORTUNATE ISLANDS WHEAT - 22oz | 275            | 0                 | 0             | 0                 | 0             | 0                | 58          | 25        | 0                 | 0          | 4.4         |
| MOTHER EARTH CALI CREAMIN - 16oz            | 220            | 0                 | 0             | 0                 | 0             | 0                | 13          | 23        | 0                 | 0          | 2.7         |
| MOTHER EARTH CALI CREAMIN - 22oz            | 302            | 0                 | 0             | 0                 | 0             | 0                | 18          | 32        | 0                 | 0          | 3.7         |
| NEWCASTLE BROWN - 16oz                      | 187            | 0                 | 0             | 0                 | 0             | 0                | 13          | 23        | 0                 | 0          | 1.3         |
| NEWCASTLE BROWN - 22oz                      | 257            | 0                 | 0             | 0                 | 0             | 0                | 18          | 32        | 0                 | 0          | 1.8         |
| OAK CREEK NUT BROWN ALE - 16oz              | 240            | 0                 | 0             | 0                 | 0             | 0                | 20          | 25        | 0                 | 0          | 2.0         |
| OAK CREEK NUT BROWN ALE - 22oz              | 330            | 0                 | 0             | 0                 | 0             | 0                | 28          | 34        | 0                 | 0          | 2.8         |
| OSKAR BLUES PRISCILLA AMERICAN WIT - 16oz   | 200            | 0                 | 0             | 0                 | 0             | 0                | 13          | 23        | 0                 | 0          | 0.0         |
| OSKAR BLUES PRISCILLA AMERICAN WIT - 22oz   | 275            | 0                 | 0             | 0                 | 0             | 0                | 18          | 32        | 0                 | 0          | 0.0         |
| PACIFICO - 16oz                             | 191            | 0                 | 0             | 0                 | 0             | 0                | 16          | 26        | 0                 | 0          | 0.8         |
| PACIFICO - 22oz                             | 262            | 0                 | 0             | 0                 | 0             | 0                | 22          | 35        | 0                 | 0          | 1.0         |
| ROGUE HAZELNUT BROWN - 16oz                 | 285            | 0                 | 0             | 0                 | 0             | 0                | 15          | 25        | 0                 | 0          | 2.0         |
| ROGUE HAZELNUT BROWN - 22oz                 | 392            | 0                 | 0             | 0                 | 0             | 0                | 21          | 34        | 0                 | 0          | 2.8         |
| SAINT ARCHER BLONDE - 16oz                  | 265            | 0                 | 0             | 0                 | 0             | 0                | 15          | 20        | 0                 | 0          | 2.0         |
| SAINT ARCHER BLONDE - 22oz                  | 364            | 0                 | 0             | 0                 | 0             | 0                | 21          | 28        | 0                 | 0          | 2.8         |
| SAM ADAMS BOSTON LAGER - 16oz               | 240            | 0                 | 0             | 0                 | 0             | 0                | 27          | 18        | 0                 | 0          | 2.7         |
| SAM ADAMS BOSTON LAGER - 22oz               | 330            | 0                 | 0             | 0                 | 0             | 0                | 37          | 24        | 0                 | 0          | 3.7         |
| SAN TOP HOP SHOCK IPA - 16oz                | 292            | 0                 | 0             | 0                 | 0             | 0                | 13          | 29        | 0                 | 0          | 3.1         |
| SAN TOP HOP SHOCK IPA - 22oz                | 401            | 0                 | 0             | 0                 | 0             | 0                | 18          | 40        | 0                 | 0          | 4.2         |
| SAN TOP MR. PINEAPPLE AMERICAN WHEAT - 16oz | 225            | 0                 | 0             | 0                 | 0             | 0                | 13          | 29        | 0                 | 0          | 1.8         |
| SAN TOP MR. PINEAPPLE AMERICAN WHEAT - 22oz | 310            | 0                 | 0             | 0                 | 0             | 0                | 18          | 40        | 0                 | 0          | 2.5         |
| SIERRA NEVADA CELEBRATION - 16oz            | 234            | 0                 | 0             | 0                 | 0             | 0                | 40          | 26        | 0                 | 0          | 2.6         |
| SIERRA NEVADA CELEBRATION - 22oz            | 322            | 0                 | 0             | 0                 | 0             | 0                | 54          | 36        | 0                 | 0          | 3.5         |
| SIERRA NEVADA PALE ALE - 16oz               | 298            | 0                 | 0             | 0                 | 0             | 0                | 37          | 35        | 0                 | 0          | 1.0         |
| SIERRA NEVADA PALE ALE - 22oz               | 409            | 0                 | 0             | 0                 | 0             | 0                | 51          | 48        | 0                 | 0          | 1.3         |
| STELLA ARTOIS - 16oz                        | 204            | 0                 | 0             | 0                 | 0             | 0                | 20          | 20        | 0                 | 0          | 2.0         |
| STELLA ARTOIS - 22oz                        | 281            | 0                 | 0             | 0                 | 0             | 0                | 28          | 28        | 0                 | 0          | 2.8         |
| STONE DELICIOUS IPA - 16oz                  | 293            | 0                 | 0             | 0                 | 0             | 0                | 33          | 29        | 0                 | 0          | 3.2         |
| STONE DELICIOUS IPA - 22oz                  | 403            | 0                 | 0             | 0                 | 0             | 0                | 46          | 40        | 0                 | 0          | 4.4         |
| STONE IPA - 16oz                            | 281            | 0                 | 0             | 0                 | 0             | 0                | 26          | 30        | 0                 | 0          | 3.3         |
| STONE IPA - 22oz                            | 387            | 0                 | 0             | 0                 | 0             | 0                | 35          | 41        | 0                 | 0          | 4.6         |
| STONE JINDIA PALE ALE - 16oz                | 220            | 0                 | 0             | 0                 | 0             | 0                | 20          | 20        | 0                 | 0          | 2.0         |
| STONE JINDIA PALE ALE - 22oz                | 303            | 0                 | 0             | 0                 | 0             | 0                | 28          | 28        | 0                 | 0          | 2.8         |
| STONE RIPPER PALE ALE - 16oz                | 227            | 0                 | 0             | 0                 | 0             | 0                | 33          | 24        | 0                 | 0          | 2.6         |
| STONE RIPPER PALE ALE - 22oz                | 312            | 0                 | 0             | 0                 | 0             | 0                | 45          | 33        | 0                 | 0          | 3.6         |
| STONE RUINATION DOUBLE IPA 2.0 - 16oz       | 339            | 0                 | 0             | 0                 | 0             | 0                | 32          | 36        | 0                 | 0          | 3.7         |
| STONE RUINATION DOUBLE IPA 2.0 - 22oz       | 466            | 0                 | 0             | 0                 | 0             | 0                | 44          | 50        | 0                 | 0          | 5.1         |
| STONE WHO YOU CALLIN' WUSSIE PILSNER - 16oz | 236            | 0                 | 0             | 0                 | 0             | 0                | 23          | 25        | 0                 | 0          | 2.6         |
| STONE WHO YOU CALLIN' WUSSIE PILSNER - 22oz | 325            | 0                 | 0             | 0                 | 0             | 0                | 31          | 35        | 0                 | 0          | 3.6         |
| TENAYA CREEK BROWN ALE - 16oz               | 227            | 0                 | 0             | 0                 | 0             | 0                | 27          | 23        | 0                 | 0          | 2.7         |
| TENAYA CREEK BROWN ALE - 22oz               | 312            | 0                 | 0             | 0                 | 0             | 0                | 37          | 32        | 0                 | 0          | 3.7         |



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|---------------------------------|----------------|-------------------|---------------|-------------------|---------------|------------------|-------------|-----------|-------------------|------------|-------------|
| BOTTLED BEER - 12oz             |                |                   |               |                   |               |                  |             |           |                   |            |             |
| ANGRY ORCHARD CIDER             | 190            | 0                 | 0             | 0                 | 0             | 0                | 15          | 20        | 0                 | 0          | 0.0         |
| BLUE MOON                       | 185            | 0                 | 0             | 0                 | 0             | 0                | 5           | 16        | 0                 | 0          | 1.8         |
| BUD LIGHT                       | 110            | 0                 | 0             | 0                 | 0             | 0                | 10          | 7         | 0                 | 0          | 0.5         |
| BUDWEISER                       | 145            | 0                 | 0             | 0                 | 0             | 0                | 10          | 11        | 0                 | 0          | 1.0         |
| CORONA EXTRA                    | 159            | 0                 | 0             | 0                 | 0             | 0                | 14          | 14        | 0                 | 0          | 1.3         |
| CORONA LIGHT                    | 107            | 0                 | 0             | 0                 | 0             | 0                | 18          | 5         | 0                 | 0          | 1.0         |
| HEINEKEN                        | 150            | 0                 | 0             | 0                 | 0             | 0                | 10          | 11        | 0                 | 0          | 1.0         |
| HEINEKEN LIGHT                  | 99             | 0                 | 0             | 0                 | 0             | 0                | 8           | 7         | 0                 | 0          | 1.0         |
| KONA BIG WAVE GOLDEN ALE        | 132            | 0                 | 0             | 0                 | 0             | 0                | 10          | 10        | 0                 | 0          | 1.5         |
| MICHELOB ULTRA                  | 95             | 0                 | 0             | 0                 | 0             | 0                | 10          | 3         | 0                 | 0          | 1.0         |
| MILLER LITE                     | 96             | 0                 | 0             | 0                 | 0             | 0                | 5           | 3         | 0                 | 0          | 0.9         |
| NEWCASTLE BROWN ALE             | 140            | 0                 | 0             | 0                 | 0             | 0                | 10          | 14        | 0                 | 0          | 1.0         |
| O'DOULS (NON-ALCOHOLIC)         | 90             | 0                 | 0             | 0                 | 0             | 0                | 10          | 15        | 0                 | 0          | 1           |
| OMISSION PALE ALE (GLUTEN FREE) | 175            | 0                 | 0             | 0                 | 0             | 0                | 10          | 15        | 0                 | 0          | 2           |
| STELLA ARTOIS                   | 154            | 0                 | 0             | 0                 | 0             | 0                | 10          | 15        | 0                 | 0          | 1           |

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|--|----------------|-------------------|---------------|-------------------|---------------|------------------|-------------|-----------|-------------------|------------|-------------|
| ADULT CHEESE PIZZA                                 | 680            | 400               | 44            | 13                | 0             | 55               | 1040        | 43        | 6                 | 4          | 29          |
| ADULT PEPPERONI PIZZA                              | 830            | 520               | 58            | 17                | 0             | 80               | 1570        | 43        | 6                 | 4          | 33          |
| BAJA BOWL  | 720            | 250               | 28            | 5                 | 0             | 115              | 830         | 60        | 15                | 6          | 56          |
| BANH MI BURGER                                     | 1190           | 710               | 79            | 20                | 2.5           | 170              | 2470        | 68        | 3                 | 22         | 51          |
| BBQ CHICKEN PIZZA                                  | 840            | 430               | 48            | 14                | 0             | 100              | 1370        | 56        | 6                 | 15         | 46          |
| BEEF BURRITO                                       | 1520           | 840               | 93            | 27                | 2             | 190              | 2790        | 113       | 10                | 8          | 59          |
| BLACKENED FISH SANDWICH                            | 750            | 330               | 37            | 7                 | 0.5           | 140              | 2900        | 60        | 7                 | 11         | 45          |
| BLENDED MUSROOM/ BEEF BURGER PATTY (7oz)           | 360            | 210               | 23            | 8                 | 1             | 105              | 630         | 5         | 2                 | 2          | 32          |
| BLENDED MUSROOM/BEEF BURGER                        | 720            | 340               | 38            | 14                | 1             | 105              | 1490        | 55        | 5                 | 12         | 40          |
| BONE IN BUFFALO WINGS WITH RANCH                   | 1870           | 1,160             | 129           | 37                | 1             | 670              | 3210        | 19        | 5                 | 6          | 157         |
| BONELESS BUFFALO WINGS WITH RANCH                  | 1660           | 950               | 105           | 26                | 1.5           | 220              | 5540        | 114       | 7                 | 8          | 65          |
| BREAKFAST BURRITO                                  | 1600           | 830               | 92            | 24                | 0             | 400              | 3060        | 145       | 10                | 5          | 49          |
| BUTTER BUN   | 320            | 140               | 15            | 1                 | 0             | 0                | 340         | 41        | 1                 | 5          | 6           |
| CAL ROSE RICE                                      | 190            | 0                 | 0             | 0                 | 0             | 0                | 0           | 44        | 0                 | 0          | 4           |
| CARIBBEAN COSMO                                    | 330            | 0                 | 0             | 0                 | 0             | 0                | 20          | 51        | 0                 | 48         | 0           |
| COCOBERRY BLAST                                    | 420            | 10                | 1             | 1                 | 0             | 0                | 10          | 61        | 1                 | 56         | 0           |
| COOKIE BUTTER SHAKE                                | 1020           | 530               | 59            | 27                | 0             | 160              | 510         | 107       | 0.5               | 94         | 14          |
| COOKIE BUTTER SHAKE - GREMMIE                      | 570            | 300               | 33            | 16                | 0             | 90               | 290         | 60        | 0                 | 53         | 8           |
| CPBB SHAKE   | 1000           | 470               | 52            | 27                | 0             | 140              | 480         | 115       | 2                 | 106        | 18          |
| CPBB SHAKE - GREMMIE                               | 610            | 290               | 32            | 17                | 0             | 90               | 310         | 70        | 1                 | 66         | 11          |
| CRANMERRY MULE                                     | 240            | 0                 | 0             | 0                 | 0             | 0                | 20          | 28        | 0                 | 25         | 0           |
| CRISPY BURRITO                                     | 1220           | 540               | 60            | 8                 | 0             | 50               | 3070        | 137       | 14                | 10         | 32          |
| EUROPEAN UNSALTED BUTTER (1 TBSP)                  | 100            | 110               | 12            | 5                 | 0             | 0                | 85          | 0         | 0                 | 0          | 0           |
| FRENCH ONION DIP                                   | 870            | 690               | 77            | 18                | 1             | 90               | 1240        | 38        | 2                 | 3          | 5           |
| GARDEN MULE  | 200            | 0                 | 0             | 0                 | 0             | 0                | 20          | 17        | 0                 | 16         | 0           |
| GHOST PEPPER FRIES (LARGE)                         | 2240           | 1,230             | 137           | 20                | 0.5           | 65               | 6230        | 220       | 14                | 8          | 32          |
| GHOST PEPPER FRIES (REGULAR)                       | 1130           | 620               | 69            | 10                | 0             | 30               | 3120        | 110       | 7                 | 4          | 16          |
| GRILLED FISH TACOS - A LA CARTE- NO RANCHERO BEANS | 740            | 350               | 39            | 8                 | 0             | 180              | 560         | 48        | 3                 | 4          | 48          |
| ISLAND FRIES - A LA CARTE                          | 770            | 320               | 35            | 2.5               | 0             | 0                | 670         | 104       | 7                 | 1          | 10          |
| ISLANDS FISH TACOS- A LA CARTE- NO RANCHERO BEANS  | 830            | 470               | 52            | 9                 | 0             | 30               | 800         | 72        | 5                 | 7          | 19          |
| KALUA PORK TACOS                                   | 780            | 400               | 44            | 15                | 0             | 95               | 1480        | 56        | 15                | 5          | 40          |
| KIDS CHEESE PIZZA                                  | 310            | 180               | 20            | 5                 | 0             | 20               | 430         | 21        | 3                 | 2          | 11          |
| KIDS PEPPERONI PIZZA                               | 380            | 240               | 27            | 7                 | 0             | 30               | 700         | 21        | 3                 | 2          | 13          |
| LEMON FREEZE                                       | 150            | 50                | 6             | 4                 | 0             | 25               | 70          | 23        | 0                 | 17         | 2           |
| MAKAHA BURGER                                      | 1190           | 700               | 78            | 24                | 2             | 200              | 1690        | 54        | 4                 | 9          | 67          |
| MANGO & PINEAPPLE DAIQUIRI                         | 480            | 0                 | 0             | 0                 | 0             | 0                | 20          | 75        | 2                 | 69         | 1           |
| MANGO CHOP CHOP SALAD (CHICKEN)                    | 710            | 410               | 45            | 7                 | 0             | 115              | 1140        | 27        | 9                 | 14         | 48          |
| MERRY MOCHATINI                                    | 440            | 140               | 15            | 10                | 0             | 45               | 40          | 17        | 0                 | 14         | 2           |
| MILLERS LOCO MOCO BOWL                             | 750            | 390               | 43            | 17                | 2             | 340              | 980         | 38        | 0                 | 0          | 53          |
| MINT OREO SHAKE                                    | 1120           | 500               | 56            | 32                | 0             | 160              | 690         | 140       | 2                 | 116        | 14          |
| MINT OREO SHAKE - GREMMIE                          | 620            | 280               | 31            | 18                | 0             | 90               | 380         | 76        | 1                 | 64         | 8           |
| NORTHSHORE TACOS - A LA CARTE - NO RANCHERO BEANS  | 640            | 320               | 35            | 8                 | 1             | 100              | 1530        | 42        | 5                 | 8          | 38          |
| PACIFIC RIM SALAD                                  | 760            | 370               | 41            | 8                 | 1.5           | 95               | 1610        | 57        | 6                 | 22         | 40          |
| PAPAS CON HUEVOS                                   | 1620           | 950               | 105           | 40                | 0             | 500              | 3040        | 108       | 7                 | 2          | 61          |
| PESTO PIZZA  | 790            | 480               | 53            | 14                | 0             | 60               | 1140        | 46        | 7                 | 5          | 31          |
| POBLANO QUESO DIP                                  | 1420           | 780               | 87            | 21                | 0.5           | 70               | 2700        | 131       | 11                | 6          | 27          |
| POKE BOWL  | 880            | 390               | 43            | 6                 | 0             | 60               | 1850        | 85        | 3                 | 2          | 39          |
| RANCH DRESSING VERSION 2                           | 190            | 180               | 20            | 4.5               | 0             | 20               | 230         | 2         | 0                 | 1          | 1           |
| REFRESHER- BLACK CHERRY SWEET TEA                  | 110            | 0                 | 0             | 0                 | 0             | 0                | 0           | 28        | 0                 | 28         | 0           |
| REFRESHER- PRICKLY PEAR & STRAWBERRY               | 180            | 0                 | 0             | 0                 | 0             | 0                | 0           | 44        | 0                 | 28         | 0           |
| REFRESHER- SMOKED PEACH LEMONADE                   | 160            | 0                 | 0             | 0                 | 0             | 0                | 15          | 41        | 0                 | 35         | 0           |
| REFRESHER- SPICY COCONUT LIMEADE                   | 190            | 0                 | 0             | 0                 | 0             | 0                | 10          | 48        | 0                 | 38         | 0           |



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|---|----------------|-------------------|---------------|-------------------|---------------|------------------|-------------|-----------|-------------------|------------|-------------|
| SALMON BOWL- (HOISIN, TERIYAKI, OR MISO)        | 660-680        | 220               | 24            | 5                 | 0             | 90               | 1220-1360   | 61-66     | 7                 | 23-29      | 50          |
| SALMON CAESAR SALAD (BLACKENED)                 | 810            | 480               | 53            | 6                 | 0             | 130              | 2670        | 30        | 7                 | 4          | 53          |
| SALMON ENTRÉE (MISO)                            | 590            | 140               | 16            | 2.5               | 0             | 120              | 830         | 63        | 5                 | 31         | 48          |
| SEARED AHI MINI QUESADILLA                      | 580            | 270               | 30            | 11                | 0             | 80               | 680         | 45        | 4                 | 16         | 32          |
| SIDE GARDEN SALAD (UNBUNDLED MENU)              | 80-400         | 10-310            | 1.5-34        | 0-5               | 0             | 0-15             | 120-470     | 13-20     | 2                 | 4-11       | 3           |
| SKINNY TURKEY                                   | 350            | 150               | 17            | 3.5               | 0             | 100              | 1190        | 18        | 5                 | 23         | 32          |
| SPICY KALUA PORK MINI QUESADILLAS               | 580            | 320               | 36            | 16                | 0             | 115              | 1060        | 33        | 4                 | 1          | 32          |
| SRIRACHA SMACK BURGER                           | 1080           | 600               | 67            | 26                | 2             | 200              | 2780        | 58        | 3                 | 14         | 60          |
| STRAWBERRY PIE SHAKE                            | 900            | 400               | 44            | 27                | 0             | 160              | 440         | 114       | 0                 | 105        | 13          |
| STRAWBERRY PIE SHAKE- GREMMIE                   | 510            | 230               | 25            | 16                | 0             | 90               | 250         | 63        | 0                 | 59         | 7           |
| STRAWBERRY SALAD - NO CHICKEN                   | 400            | 270               | 30            | 4                 | 0             | 10               | 300         | 26        | 6                 | 17         | 6           |
| STRAWBERRY SALAD WITH CHICKEN                   | 590            | 330               | 37            | 7                 | 0             | 105              | 660         | 26        | 6                 | 17         | 39          |
| TERIYAKI CHICKEN PIZZA                          | 930            | 480               | 53            | 16                | 0             | 115              | 1890        | 62        | 6                 | 20         | 51          |
| TROPICAL KALUA PORK TACOS - WITH RANCHERO BEANS | 950            | 370               | 42            | 14                | 0             | 105              | 3030        | 100       | 17                | 16         | 43          |
| TRUFFLE FRIES (LARGE)                           | 2510           | 1,490             | 165           | 21                | 1.5           | 65               | 1230        | 221       | 14                | 3          | 35          |
| TRUFFLE FRIES (REGULAR)                         | 1260           | 750               | 83            | 11                | 1             | 30               | 620         | 110       | 7                 | 2          | 18          |
| ULTIMATE CHOCOLATE SHAKE                        | 960            | 410               | 46            | 30                | 0             | 170              | 450         | 122       | 0                 | 117        | 15          |
| ULTIMATE CHOCOLATE SHAKE- GREMMIE               | 490            | 230               | 25            | 16                | 0             | 90               | 240         | 58        | 0                 | 56         | 8           |
| YAKI TACOS - A LA CARTE - NO RANCHERO BEANS     | 850            | 360               | 40            | 17                | 0             | 180              | 2240        | 70        | 2                 | 21         | 53          |

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