

## Allergen Information

The health and Safety of our guests are top priorities of Islands Restaurants. As part of our commitment to you, we have prepared this table of common food allergies in order to assist you with your menu choices. Please be aware that normal kitchen operations at Islands involve **shared** preparation and cooking areas. Due to these circumstances, we are unable to guarantee that **any menu** item can be completely free of allergens.

## \*Possible cross contamination due to cooking method

*Possible cross contamination due to cook	ing method	1										
Appetizers	*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
BAVARIAN PRETZEL BITES						Х		Х		Х		
BEACHSIDE SLIDERS™	*				*	Х				Х		
BUFFALO TIKI TENDERS WITH RANCH				Х		Х		Х		Х		
BUFFALO WINGS BBQ W/ RANCH	*			Х	X (anchovies)	X		Х		*		
BUFFALO WINGS SPICY W/RANCH BUFFALO WINGS TERIYAKI W/RANCH	*			X		X		X		X X	Х	
CHEDDAR FRIES				^		X		^		^	^	
CHEESY FRIES-HH						X						
CHIPS & SALSA												
CHIPS & SALSA W/LARGE GUACAMOLE												
ISLAND FRIES												
ISLAND NACHOS						Χ						
ISLAND NACHITOS - HH						Х						
ONION RINGS	*			Х	*	X		Х		Х		1
QUESADILLA W/OUT CHICKEN						X				Х		
SPINACH & ARTICHOKE DIP with chips	*					X				*		
SWEET POTATO FRIES	*											
TEMPURA GREEN BEANS				Х				Х		Х		
TIKI TENDERS (DRESSING NOT INCLUDED)				٧,		X		X		Х		-
TRUFFLE FRIES	*Exical	*Cuillad	Challfich	X	Field	X	Doggusto	X	Trop Nute	Mhoot	Cocomo	MCC
Soup	*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
TORTILLA SOUP	<del>                                     </del>		<del>                                     </del>		<del>                                     </del>	Х		X			<del>                                     </del>	-
TORTILLA STRIPS								Х				
Salads - All allergen data for salads includes dressing unless otherwise specified	*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
CHINA COAST SALAD				Х		Х		Х		Х	Х	
GARDEN SALAD (NO DRESSING)						Х		Х		Х		
JUNGLE CAESAR SALAD				Х	X (Anchovies)	Х		Х		Х		
KAANAPALI KOBB SALAD				Х	,	Х		Х				
SMALL CAESAR SALAD				Х	X (Anchovies)	Х		Х		Х		
CHOP CHOP SALAD				Х	X (Anchovies)	X		Х		Х		
Salad Dressings	*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
BLEU CHEESE DRESSING	11100	Ormed	Siremisir	X	. 1511	X	rearrats	X	Tree wats	Wilcut	Sesame	11130
CAESAR DRESSING				X	X (Anchovies)	X		X				
HONEY MUSTARD DRESSING				X	X (Allellovies)	Α		X				
ITALIAN DRESSING				^				X		Х		
KOBB DRESSING				Х				X		^		
LIGHT BALSAMIC DRESSING				^				X				
				٧,								1
RANCH DRESSING (in house)	-			X		Х		X				
SESAME DRESSING				X				X		Х	Х	
THOUSAND ISLAND DRESSING				Х	X (Anchovies)			Х				
Island Tacos - All nutritional data for Island Tacos does not include sides, which are listed below.	*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
GRILLED FISH TACOS				Х	х	Х		Х				
ISLAND FISH TACOS				Х	х	Х		Х		Х		
NORTHSHORE TACOS						Х		Х		Х		
YAKI TACOS						Х		Х		Х	Х	
Tortilla Beach	*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
(TORTILLA BEACH) BURRITO WITH CARNE ASADA				- 55		Х		Х		Х		
(TORTILLA BEACH) BURRITO WITH BAJA CHICKEN	1		1			X		X		X	1	1
(TORTILLA BEACH) BURRITO WITH CARNITAS PORK						X		X		X		1
(TORTILLA BEACH) BURRITO WITH SPICY CHICKEN	t		t			X		X		X	t	
(TORTILLA BEACH) BURRITO NO PROTEIN	<b>†</b>		1			X		X		X	1	
(TORTILLA BEACH) TACOS WITH CARNE ASADA	1		1			X		X		^	1	
			-							v	-	<del>                                     </del>
(TORTILLA BEACH) TACOS WITH BAJA CHICKEN	-		1		<del> </del>	X		X		Х	1	<del>                                     </del>
(TORTILLA BEACH) TACOS WITH CARNITAS PORK	<del>                                     </del>		<del>                                     </del>		<del> </del>	X		X			<del>                                     </del>	<del>                                     </del>
(TORTILLA BEACH) TACOS WITH SPICY CHICKEN	<b> </b>		<del>                                     </del>		<del>                                     </del>	X		X			<del>                                     </del>	<del>                                     </del>
(TORTILLA BEACH) TACOS NO PROTEIN	<del>                                     </del>		<del>                                     </del>		<del>                                     </del>	Х		Х			<del>                                     </del>	-
(TORTILLA BEACH) BOWL WITH CARNE ASADA					<u> </u>	X		Х				<del>                                     </del>
(TORTILLA BEACH) BOWL WITH BAJA CHICKEN	<b></b>		<b></b>		ļ	Х		Х		Х	<b></b>	
(TORTILLA BEACH) BOWL WITH CARNITAS PORK	1		1		ļ	Х		Х			1	
(TORTILLA BEACH) BOWL WITH SPICY CHICKEN					ļ	Х		Х				1
(TORTILLA BEACH) BOWL NO PROTEIN						Х		Х				



## Allergen Information

Second Confident March 1987   Second Professor													
REALD CHECKN MICHOS ONLY  INC. CARRY MICHAEL STREET  INC. CARRY MICHAEL STR	Chicken Sandwiches - Nutritional data for sandwiches does not include bun or sides which are listed below.	*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
THE PRINTED OF THE PR													
MONTEMPS    March   Ma					v	Y (Anchovies)	ν		v		v	v	
SIGNAMEND						x (Anchovies)						^	
March   Marc	SHOREBIRD												
INCHES MEMORIAN BOWN	TOUCAN										Х	Х	
THE PROPERTY AND ALTER AND	Beach Bowls	*Fried	*Grilled	Shellfish		Fish	Dairy	Peanuts		Tree Nuts	Wheat	Sesame	MSG
CHILCHE SEASON FROM POSSACCI  SELECT PETERMAN BONC  SELECT PETERMA	CHICKEN HOISIN BOWL						· ·				Х	Х	
REALED THE MERCHANDER SOUND SALES AND	CHICKEN TERIYAKI BOWL								Х		Х	Х	
Tell Content Processes   Tell Content Proces	CHICKEN BEACH BOWL (NO SAUCE)												
Selection   Sele	GRILLED FISH HOISIN BOWL					Х			Х		Х	Х	
Miles   Mile	GRILLED FISH TERIYAKI BOWL					Х			Х		Х	Х	
Miles   Mile	GRILLED FISH BEACH BOWL (NO SAUCE)					Х							
Miles	VEGGIE BEACH BOWL WITH HOISON								X		Х	Х	
MONDA SALIZE	VEGGIE BEACH BOWL WITH TERIYAKI								Х		Х	Х	
TREMAND SAUCE (MATERIAL PROMETRY AND ALL PROMETRY PROMETRY AND ALL PROMETRY PROMETRY AND ALL PROMETRY PROMETRY AND ALL PROMETRY AND ALL PROMETRY PROMETRY AND ALL PROMETRY PROMETRY AND ALL PROME	VEGGIE BEACH BOWL (NO SAUCE)												
Section   Sect	HOISIN SAUCE								Х		Х	Х	
Ministry	TERIYAKI SAUCE								Х		Х	Х	
MAS ASSET (TIMEN) NO BUN	Surfer Favorites - Nutritional data for BLT, Tuna, Club Wrap & Grilled Fish Sandwich does not include buns or sides which are listed below.	*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
THE WEIGH (BUTTO BLY)    Separate   March   Ma	CHICKEN CLUB WRAP ( inlcludes wrap)				Х	X (Anchovies)	Х		Х		Х		
Part	MOA KAI (TUNA) NO BUN				Х		Х		X				
March   Marc	THE WEDGE (BLT) NO BUN				Х		Х		Х				
BIG WAVE CHESS BURGER (NO BUN)	Burgers - Nutritional data for Burgers does not include sides or buns which are listed below	*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
BIS WAVE CHESS BURGER (NO BUN)	BIG WAVE BURGER (NO CHEESE NO BUN)												
RELINAM BURGER (NO BUN)							Х						
HULA BURGER (NO DUN)	BLEUNAMI BURGER (NO BUN)				Х		Х		Х		Х		
MILLIANDER BURGER (NO BUN)	HAWAIIAN BURGER (NO BUN)				Х		Х		Х		Х	Х	
NAME	HULA BURGER (NO BUN)				Х		Х		Х				
MALIBURGER (NO BUN)	KILAUEA BURGER (NO BUN)	*			Х	*	Х		Х		Х		
MAULBURGER (NO BUN) PRELINE BURGER (NO BUN) PROCESSIGE BURGER (NO BUN) PROCESSION PRO	LONGBOARDER BURGER (NO CHEESE NO BUN)				Х	X (Anchovies)			Х				
PRECINE BURGER (NO BUN)	MALIBU BURGER (NO BUN)						Х						
VEGGIE BURGER (NO BUN)	MAUI BURGER (NO BUN)				Х		X						
MPOSSIBLE BURGER PATTY  MEET PATTY ONLY  MEGET P	PIPELINE BURGER (NO BUN)												
BEEF PATTY ONLY	VEGGIE BURGER (NO BUN)						Х		Х		Х		
TURKEY PATTY ONLY	IMPOSSIBLE BURGER PATTY								Х				
VEGGIE PATTY ONLY	BEEF PATTY ONLY	<u> </u>											
Second   S		<b></b>											
CORN TORTILLA													
		*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
SELUER BUN   SUPPLIES   SUPPLIE		<b>—</b>									.,		
SLIDER BUN					Х		Х						
SLIDER BUN KIDS, IR BUN WHEAT BUN WHEAT BUN WHEAT BUN  Gremmie - Nutritional data for Gremmie items does not include sides which are listed separately.  IR MAC N CHEESE  IR WAYE CHEESE BURGER (no bun) IR WAYE CHEESE BURGER (no bun) Additions and sides  APPLESAUCE APPLESAUCE APOCADO SLICES BUR WAYE CHEESE BURGER (DATE)  APOCADO SLICES BUR WAYE CHEESE BURD  APOCADO SLICES BUR WAYE CHEESE BUR WAYE CHEESE BURD  APOCADO SLICES BUR W		<del>                                     </del>							X		Х		
KIDS JR BUN WHATE BUN WHITE BUN WHITE BUN WHITE BUN  *Fried *Grilled Shellfish Eggs Fish Dairy Peanuts Soy Tree Nuts Wheat Sesame MSG IR MAC N CHEESE IR QUESADILLA IR QUESADILLA IR SANDCASTLE IR TIKI TENDERS IR WAVE (NO CHEESE or bun) IR WAVE (NO CHEESE or bun) IR WAVE (NO CHEESE OR BUNGER) IR WAYE (NO CH		<b>—</b>							v		v		
WHEAT BUN WHITE BUN  WHITE BUN  "Fried "Grilled Shellfish Eggs Fish Dairy Peanuts Soy Tree Nuts Wheat Sesame MSG IR MAC N CHEESE  REQUESABILLA  REQUESABILLA													
WHITE BUN  Gremmie - Nutritional data for Gremmie items does not include sides which are listed separately.  IR MAC N CHEESE  IR MAC N CHEESE N C N C N C N C N C N C N C N C N C N													
Gremmie - Nutritional data for Gremmie items does not include sides which are listed separately.  IR MAC N CHEESE  IR QUESADILLA  IR MAC N CHEESE  IR QUESADILLA  IR SANDCASTLE  IR WAVE (NO CHEESE or bun)  IR WAVE (NO CHEESE BURGER ( no bun))  Additions and sides  Fried  Grilled  Shellfish  Figgs  Fish  Dairy  Peanuts  Soy  Tree Nuts  Wheat  Sesame  MSG  MSG  MSG  MSG  MSG  MSG  MSG  MS													
include sides which are listed separately.  If MAC N CHEESE  IR QUESADILLA  IR QUESADILLA  IR SANDCASTLE  IR WAVE (NO CHEESE or bun)  IR WAVE (NO CHEESE BURGER ( no bun))  IR WAVE CHEESE BURGER ( no bun)  Additions and sides  *Fried  *Grilled  *Grilled  *Grilled  Shellfish  Eggs  Fish  Dairy  Peanuts  Soy  Ifree Nuts  Wheat  X  X  X  X  X  X  X  X  X  X  X  X  X													
R MAC N CHEESE	include sides which are listed separately.	*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
R QUESADILLA	JR MAC N CHEESE						Х				Х		
IR SANDCASTLE X X X X X X X X X X X X X X X X X X X	JR QUESADILLA								Х				
IR TIKI TENDERS  IR WAVE (NO CHEESE or bun) IR WAVE (NO CHEESE BURGER ( no bun) IR WAVE CHEESE BURGER ( no bun)  Additions and sides  *Fried *Grilled Shellfish Eggs Fish Dairy Peanuts Soy Tree Nuts Wheat Sesame MSG  APPLESAUCE  AVOCADO SLICES BLEU CHEESE CRUMBLES CHEEDDAR CHEESE CHEDDAR / JACK CHEESE BLEND CHILI  CHILI  X X X X X X X X X X X X X X X X X X X	JR SANDCASTLE				Х		Х						
IR WAVE CHEESE BURGER ( no bun)  Additions and sides  *Fried  *Grilled  *Grilled  Shellfish  Eggs  Fish  Dairy  Peanuts  Soy  Tree Nuts  Wheat  Sesame  MSG  APPLESAUCE  AVOCADO SLICES  BLEU CHEESE CRUMBLES  CHEDDAR CHEESE  CHEDDAR / JACK CHEESE BLEND  CHILI  CHILI  X  X  X  X  X  X  X  X  X  X  X  X  X	JR TIKI TENDERS												
IR WAVE CHEESE BURGER ( no bun)  Additions and sides  *Fried  *Grilled  *Grilled  *Shellfish  Eggs  Fish  Dairy  Peanuts  Soy  Tree Nuts  Wheat  Sesame  MSG  APPLESAUCE  AVOCADO SLICES  BLEU CHEESE CRUMBLES  CHEEDDAR CHEESE  CHEDDAR / JACK CHEESE BLEND  CHILI  CHILI  X  X  X  X  X  X  X  X  X  X  X  X  X	JR WAVE (NO CHEESE or bun)												
APPLESAUCE	JR WAVE CHEESE BURGER ( no bun)						Х						
AVOCADO SLICES  BLEU CHEESE CRUMBLES  CHEDDAR CHEESE  X  CHEDDAR / JACK CHEESE BLEND  CHILI  X  X  X  X  X  X  X  X	Additions and sides	*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
X	APPLESAUCE												
CHEDDAR CHEESE         X	AVOCADO SLICES												
CHEDDAR / JACK CHEESE BLEND X X X X X	BLEU CHEESE CRUMBLES												
CHILI X X	CHEDDAR CHEESE						Х						
	CHEDDAR / JACK CHEESE BLEND	<u> </u>					Х						
FRESH PINEAPPLE	CHILI	<u> </u>							Х		Х		
	FRESH PINEAPPLE	<u> </u>											



## Allergen Information

Additions and sides	*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
FRIED EGG				Х								
GUACAMOLE												
HICKORY SMOKED BACON												
ISLANDS REDS™	*				*	Х		Х		Х		
PEPPER JACK CHEESE						Х						
SAUTEED MUSHROOMS												
SMASHED BEANS												
SOUR CREAM						Х						
SPICY CHICKEN												
STEAMED VEGGIES W/BUTTER						Х						
SWISS CHEESE						Х						
Sauces	*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
BBQ SAUCE					X (Anchovies)			Х				
CHIPOTLE AIOLI				Х				Х				
HULI HULI SAUCE					X (Anchovies)	Х		Х		Х	Х	
ISLANDS SALSA												
MAYONNAISE				Х				Х				
PICO DE GALLO												
SALSA VERDE												
SURFBOARDER BBQ DRESSING				Х	X (Anchovies)	Х		Х				
TRUFFLE AIOLI				Х		Х		Х				
WING SAUCE						Х						
YELLOW MUSTARD												
Desserts	*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
CHOCOLATE LAVA				Х		Х	Х	Х	X	Х		
FUDGE BROWNIE				Х		Х		Х		Х		
ICE CREAM SUNDAE						Х			X			
KONA PIE				Х		Х	Х	Х	Х	Х		
ROOT BEER FLOAT						Х						
TRE LECHES BUTTER CAKE				Х		Х		Х		Х		
Shakes & Smoothies	*Fried	*Grilled	Shellfish	Eggs	Fish	Dairy	Peanuts	Soy	Tree Nuts	Wheat	Sesame	MSG
ULTIMATE CHOCOLATE SHAKE						Х						
COOL BREEZE						Х			X Coconut			
LEMON FREEZE						Х						
STRAWBERRY PIE SHAKE						Х				Х		
VANILLA SHAKE						Х						
MINT OREO SHAKE						Х		Х		Х		
OREO SHAKE						Х		Х		Х		

This allergy data was prepared in May 2024. These suggested options are based solely on current ingredient information from our suppliers and their voluntary stated absences of allergens. From time to time we may have to substitute items due to an inventory shortage. Variations in serving sizes, preparation techniques, sources of supply, as well as regional and seasonal differences may affect the status of the data. We recommend alerting the manager to your food allergies so we can do our best to accommodate any requests. Due to the individualized nature of food allergies and food sensitivities, Islands cannot make recommendations to you. Please consult your physician. If you need further information or have suggestions, please contact Islands at (888) 476-4753.

Allergy Guidelines

Islands Restaurants,
LLC. Revised May 2024